

Tracking Heat Pathways in a Warming Ocean

ECCO summer school 2025, Pacific Grove, California

Gaël FORGET, 2025/05/28

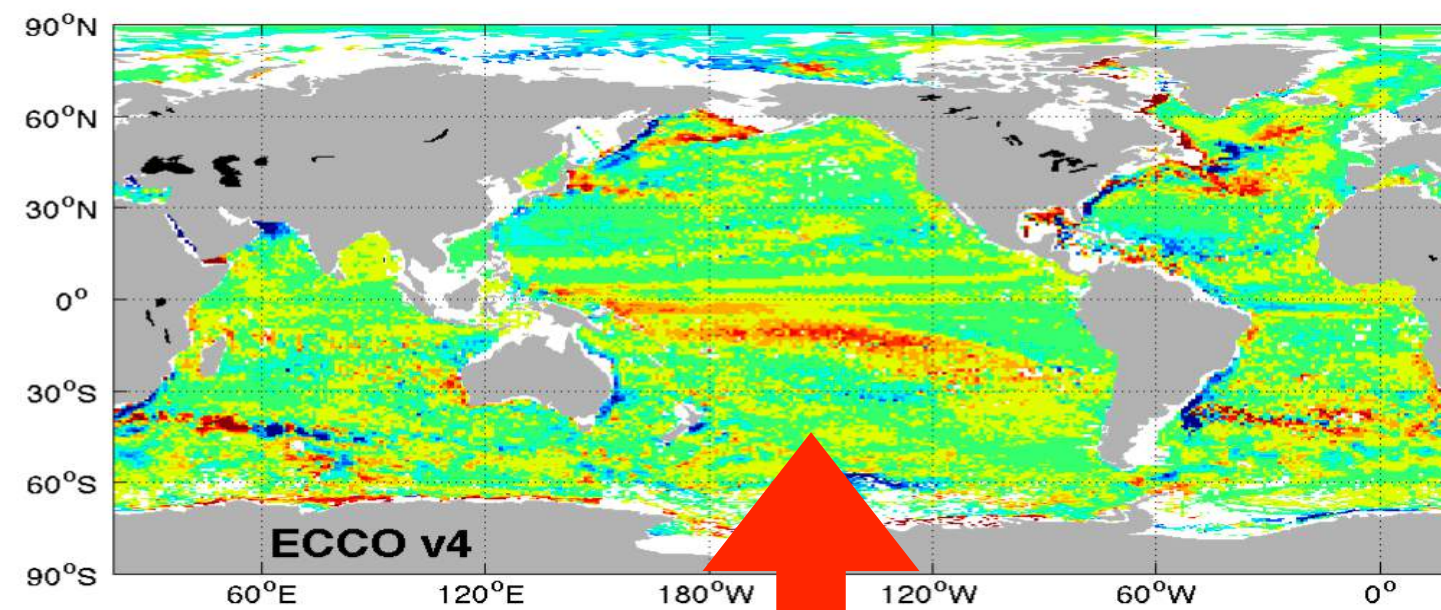
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- Chapter 1 : Climatological Mean Ocean Transports
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- Chapter 3 : Tracking marine heat waves and water masses

◦ Research funded by NASA-PO, SF-CBIOMES, NOAA-CVP, NASA-ECCO, ARIA-FTP

Data-driven transport estimates (ECCO4)

Key to closely fitting data (e.g. salinity at 300m depth)

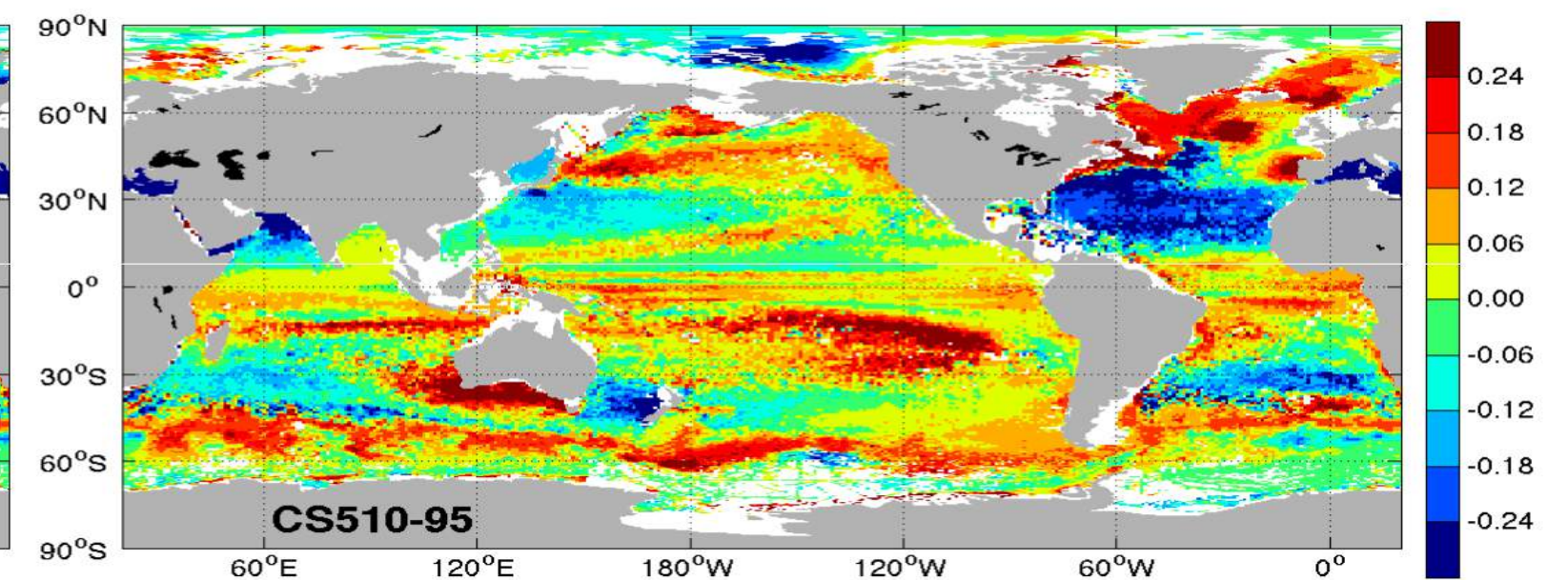
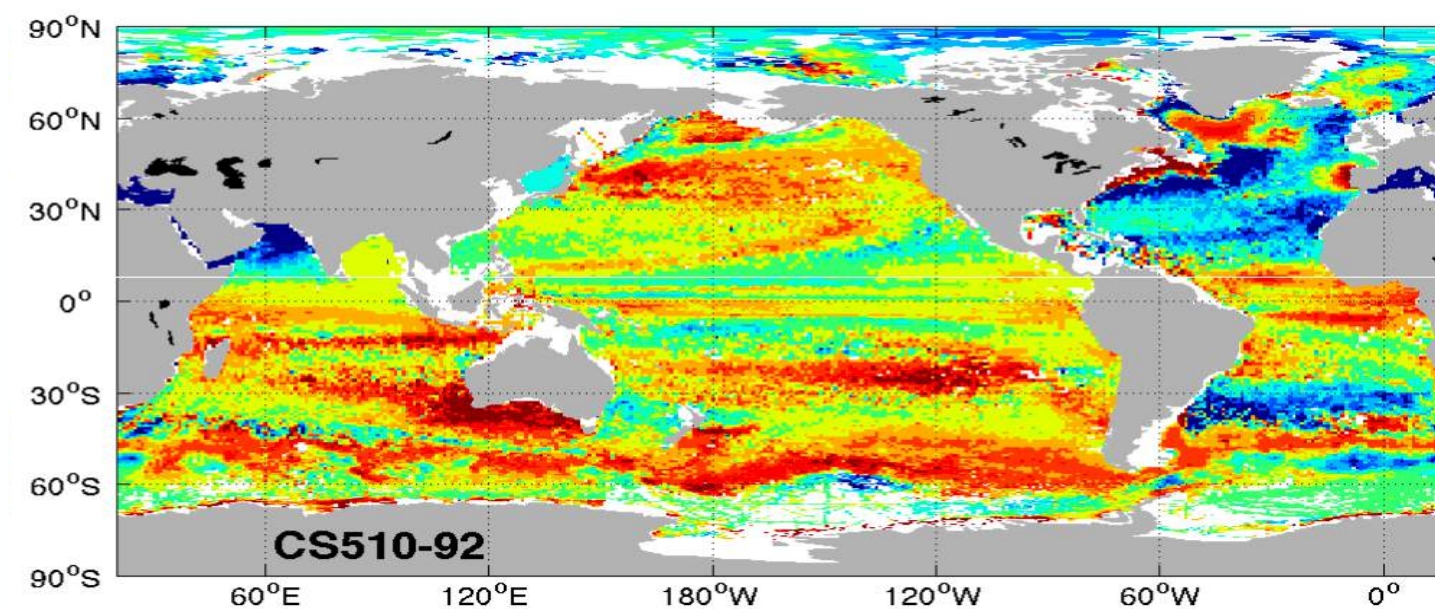
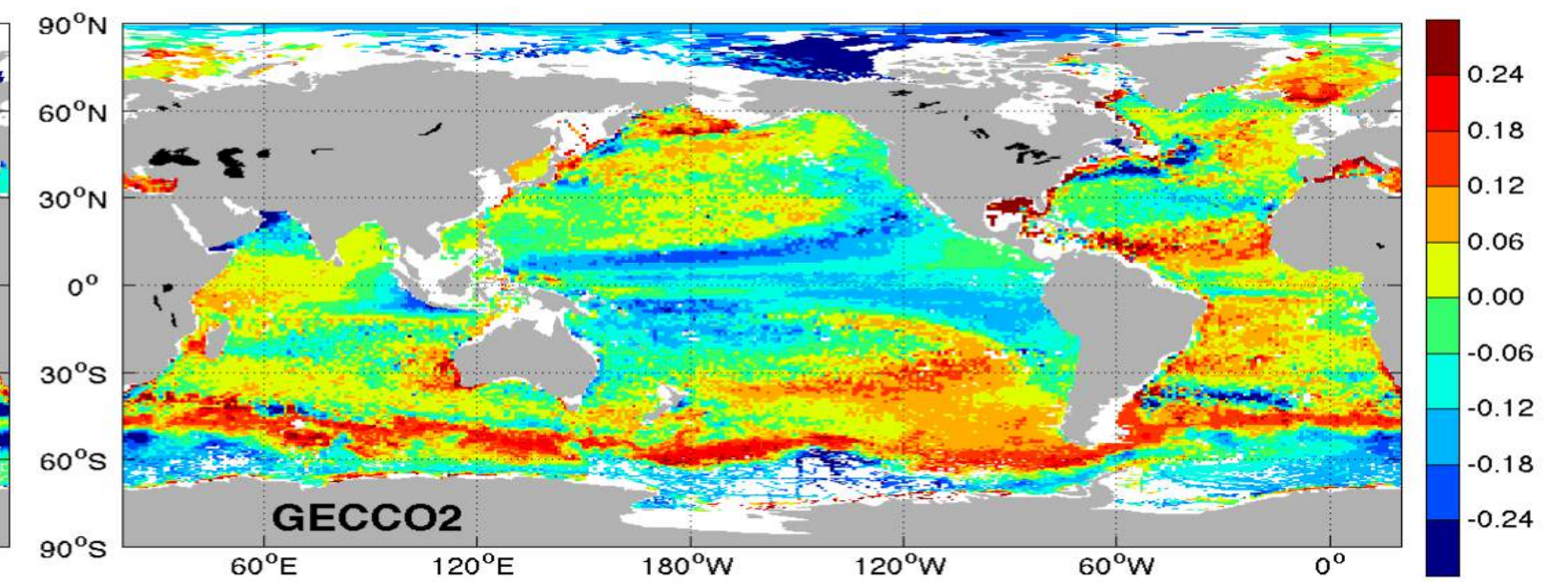
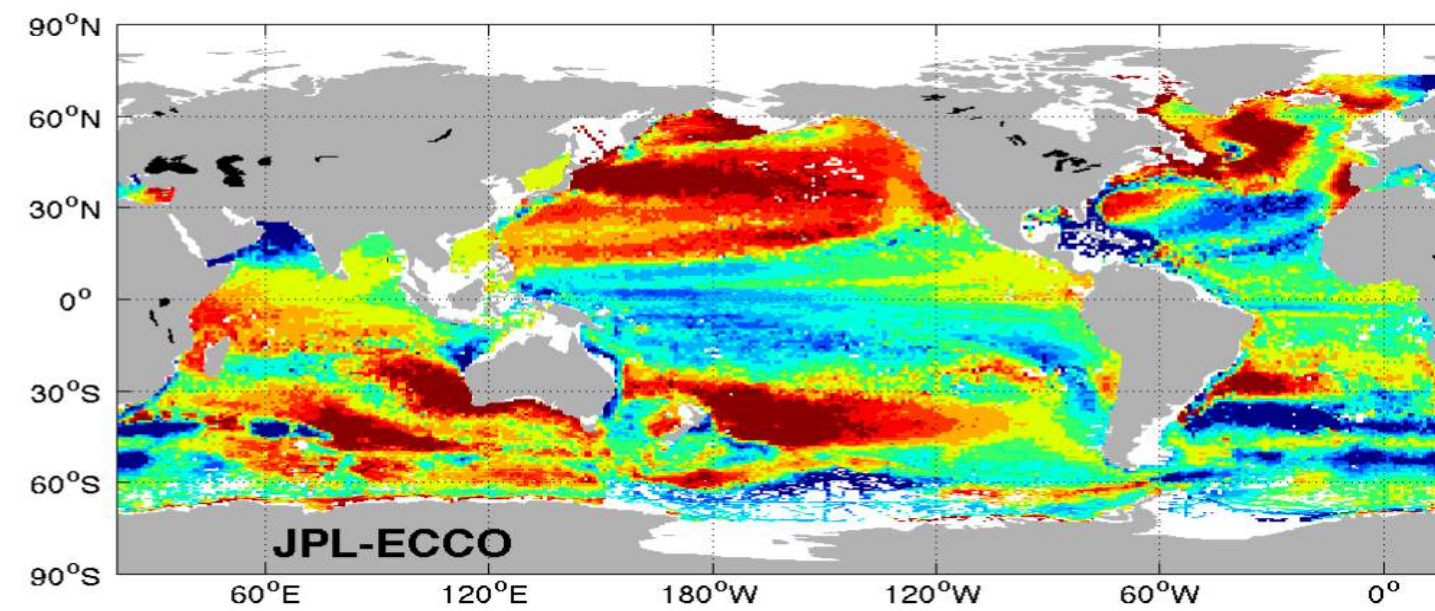
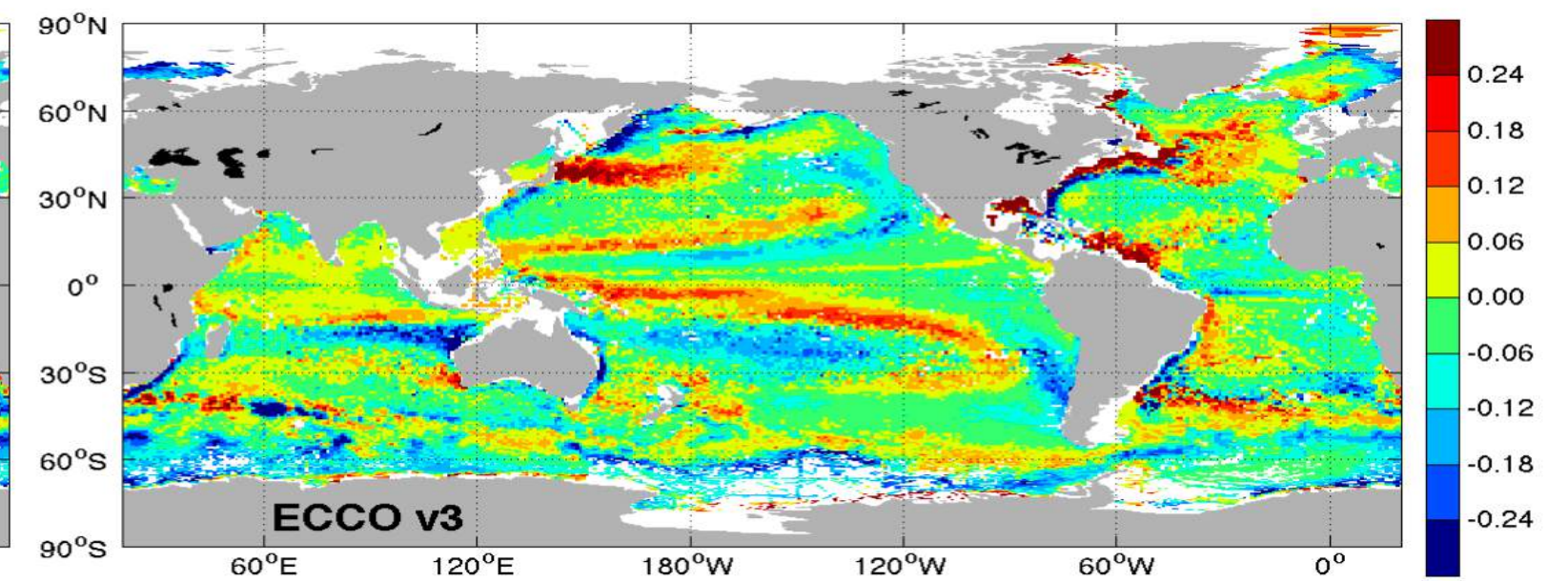
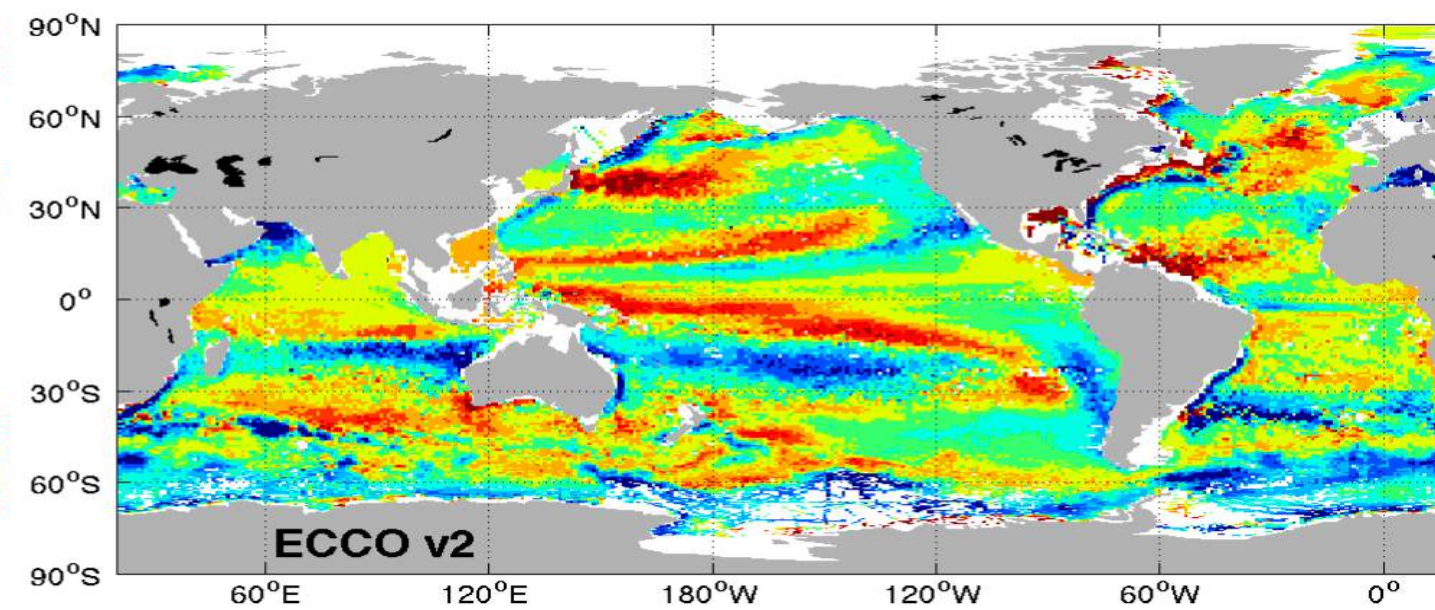


Reduced model biases
Due to optimized
parameters

Forget, et al 2015 a, b

<https://doi.org/10.5194/gmd-8-3071-2015>

<https://doi.org/10.5194/os-11-839-2015>



Data-driven transport estimates (ECCO4)

Key to reduce model drifts (e.g. oxygen climatology, after 500y)

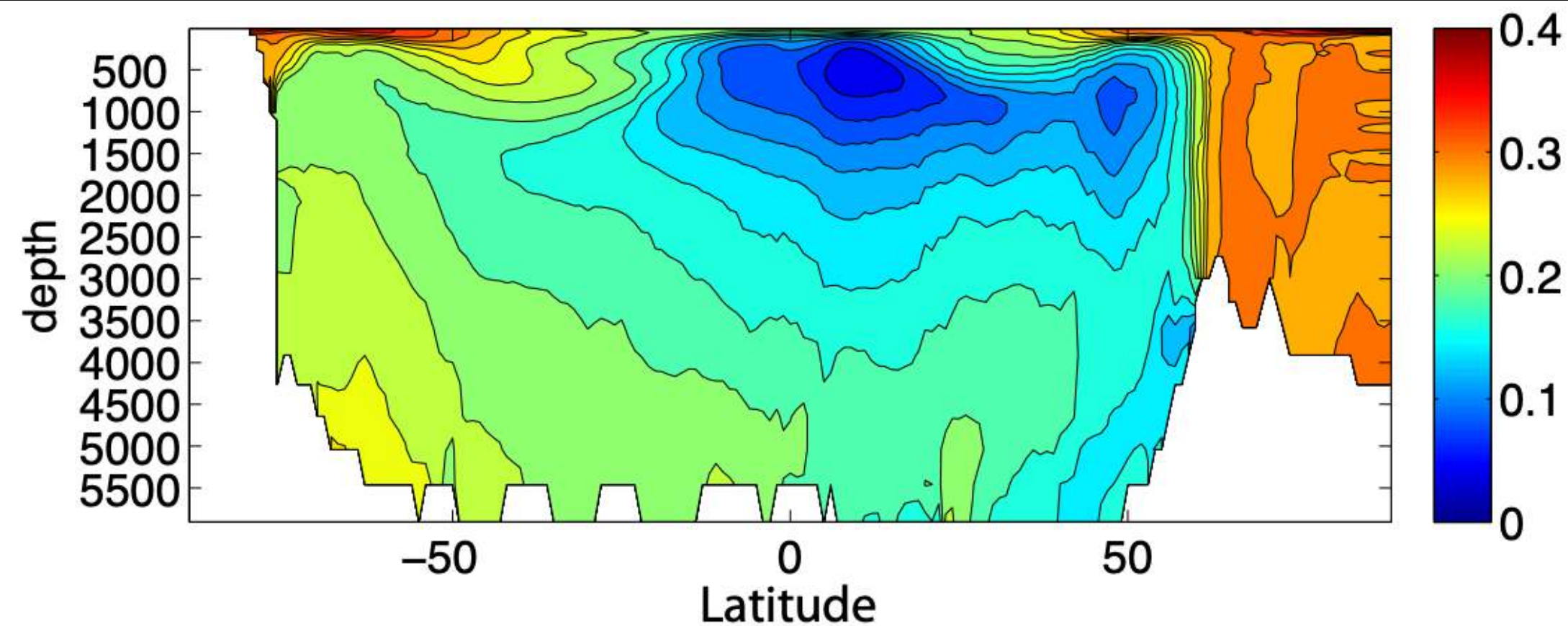
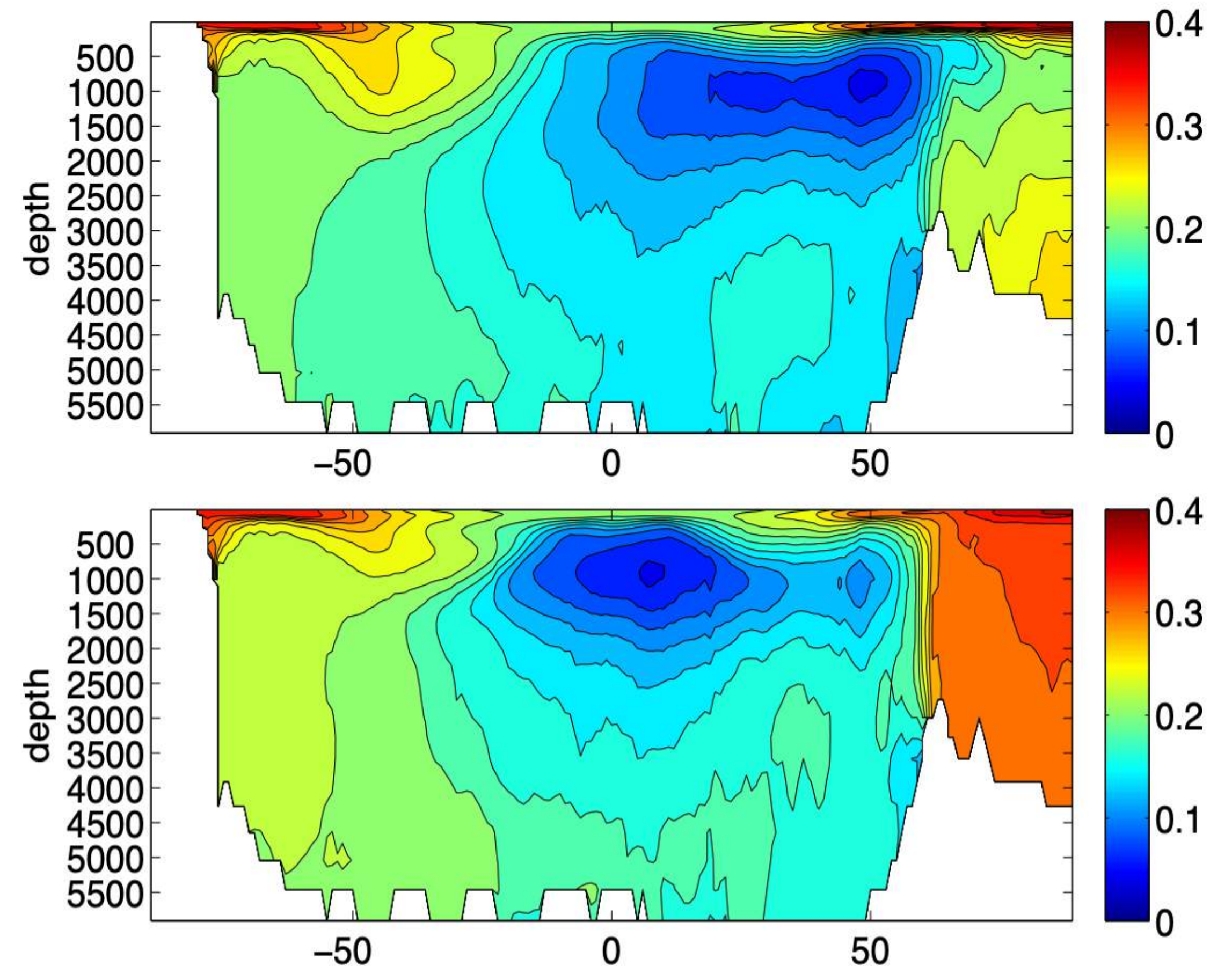


Figure 4. Zonal mean oxygen concentration (in mol m^{-3}) from Garcia et al. (2010) (bottom panel) and from the two 500-year simulations (see Fig. 3 caption for details) using the K_{gm} , K_{σ} , and K_{d} estimate (middle) or the K_{gm} , K_{σ} , and K_{d} first guess (top).

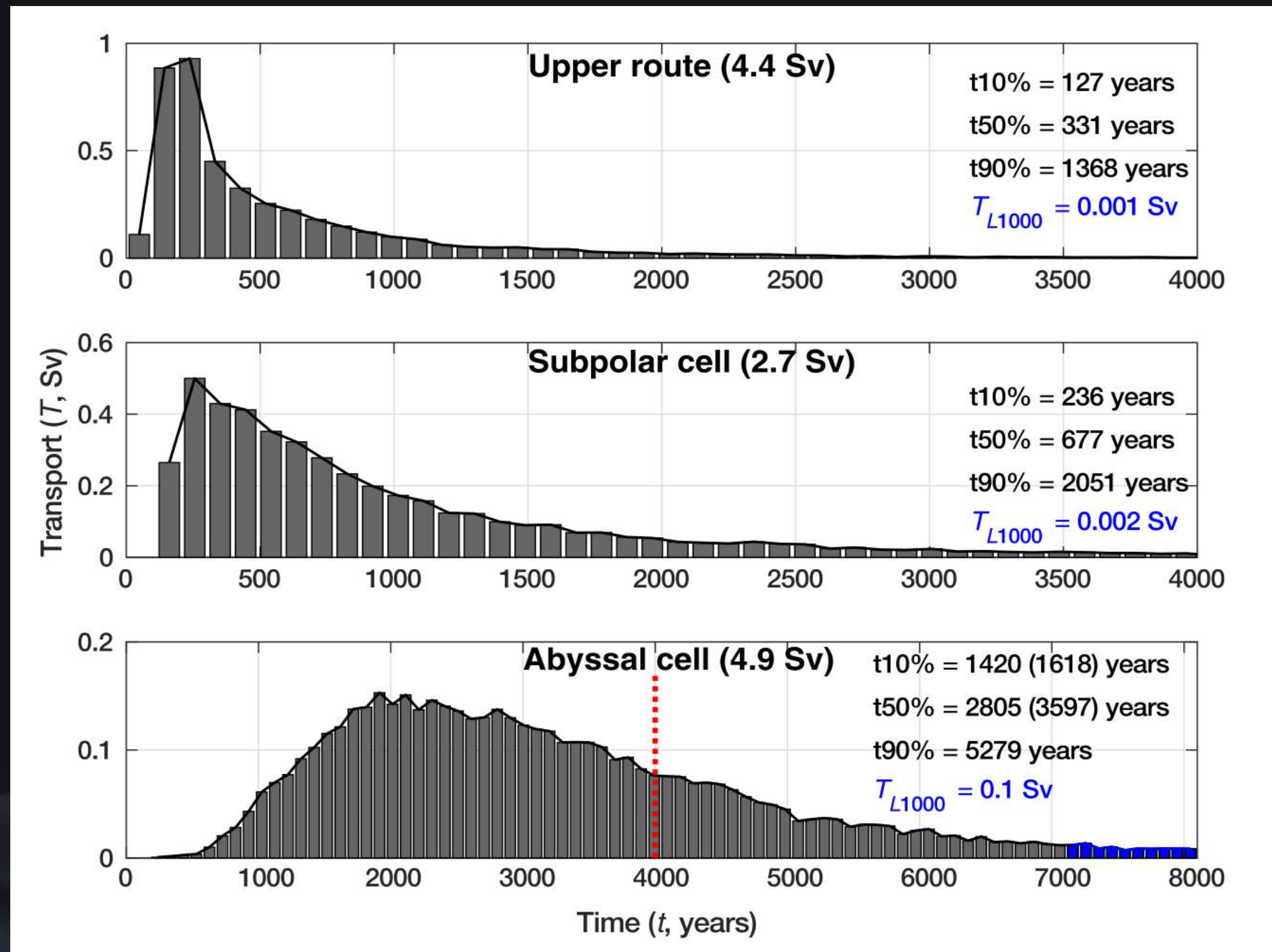


Forget, Ferreira, and Liang 2015

<https://doi.org/10.5194/os-11-839-2015>

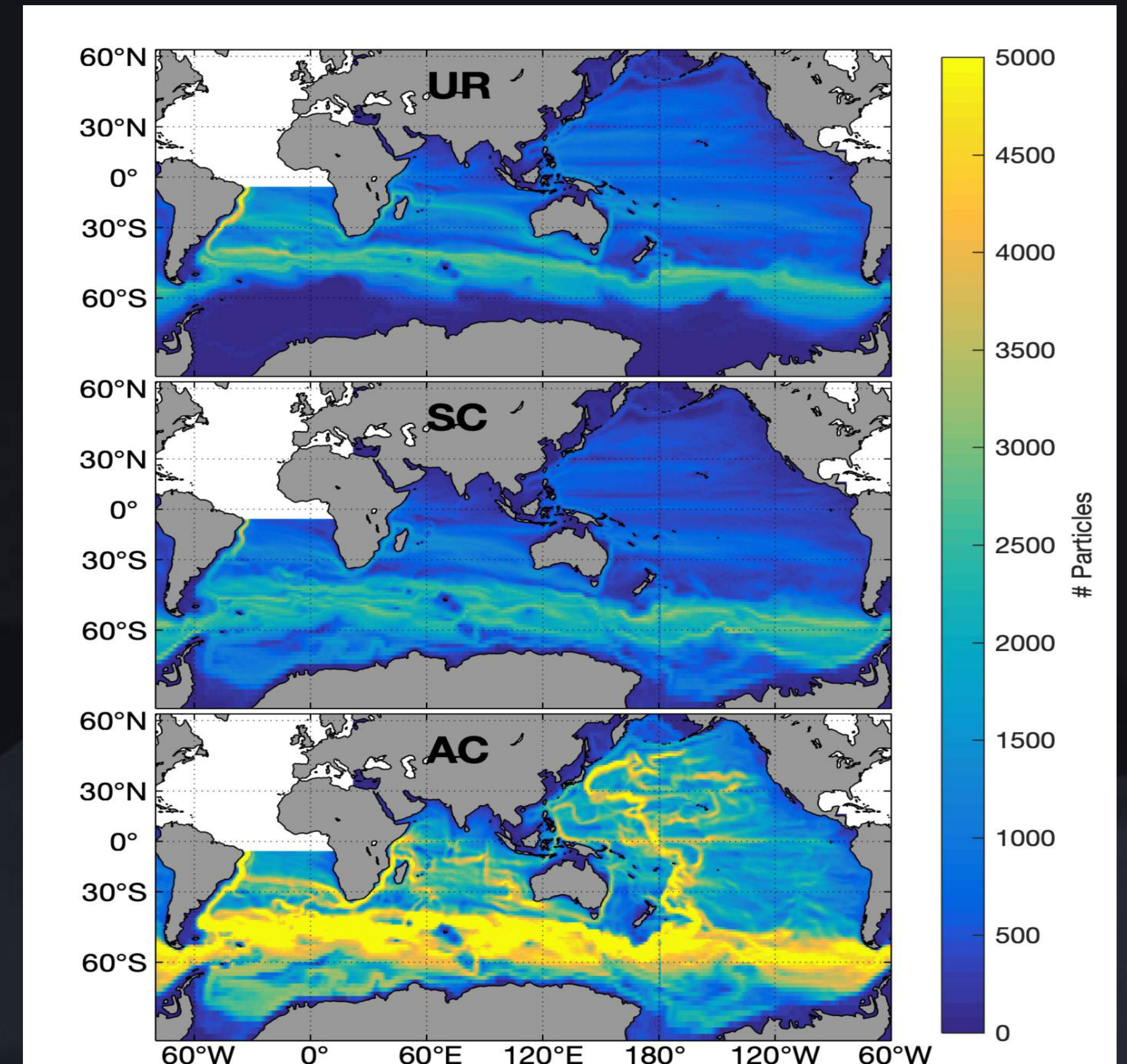
Ocean Circulation Climatology (ECCO4)

e.g. global ocean meridional circulation pathways and time scales



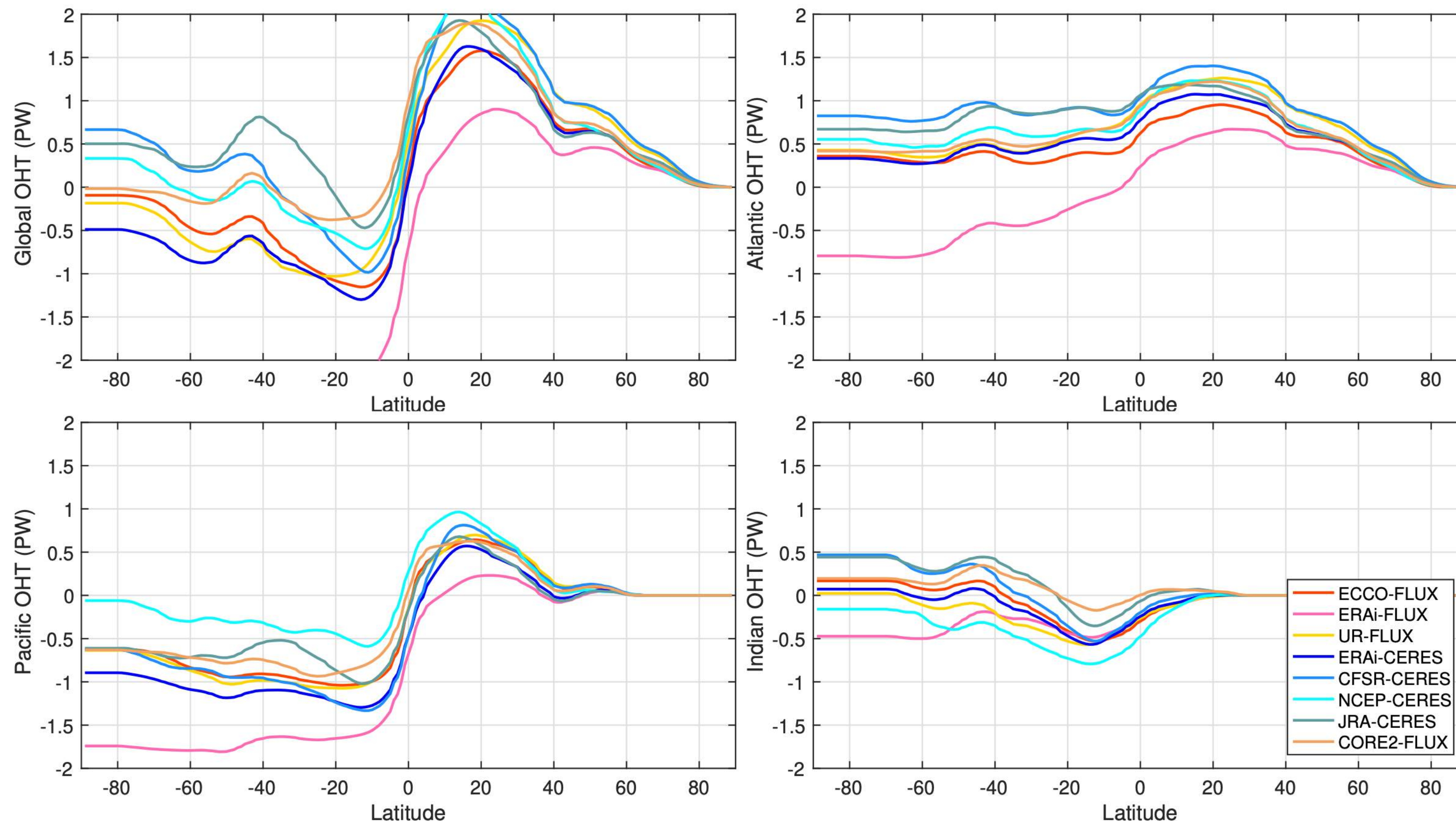
Rousselet, Cessi, and Forget, 2021

<https://doi.org/10.1126/sciadv.abf5478>



Ocean Heat Transport Climatology

Estimated to balance out air-sea flux climatology (basic method)



Supplementary of

Forget & Ferreira 2019

Global ocean heat transport
dominated by heat export
from the tropical Pacific.

Nat. Geosci. **12**, 2019

[https://doi.org/10.1038/
s41561-019-0333-7](https://doi.org/10.1038/s41561-019-0333-7)

Figure S8: Same as Fig. S7 but based on the ad-hoc integration method discussed in **Methods / Improved Method**.

Ocean Heat Transport Climatology

Estimated to balance out air-sea flux climatology (new method)

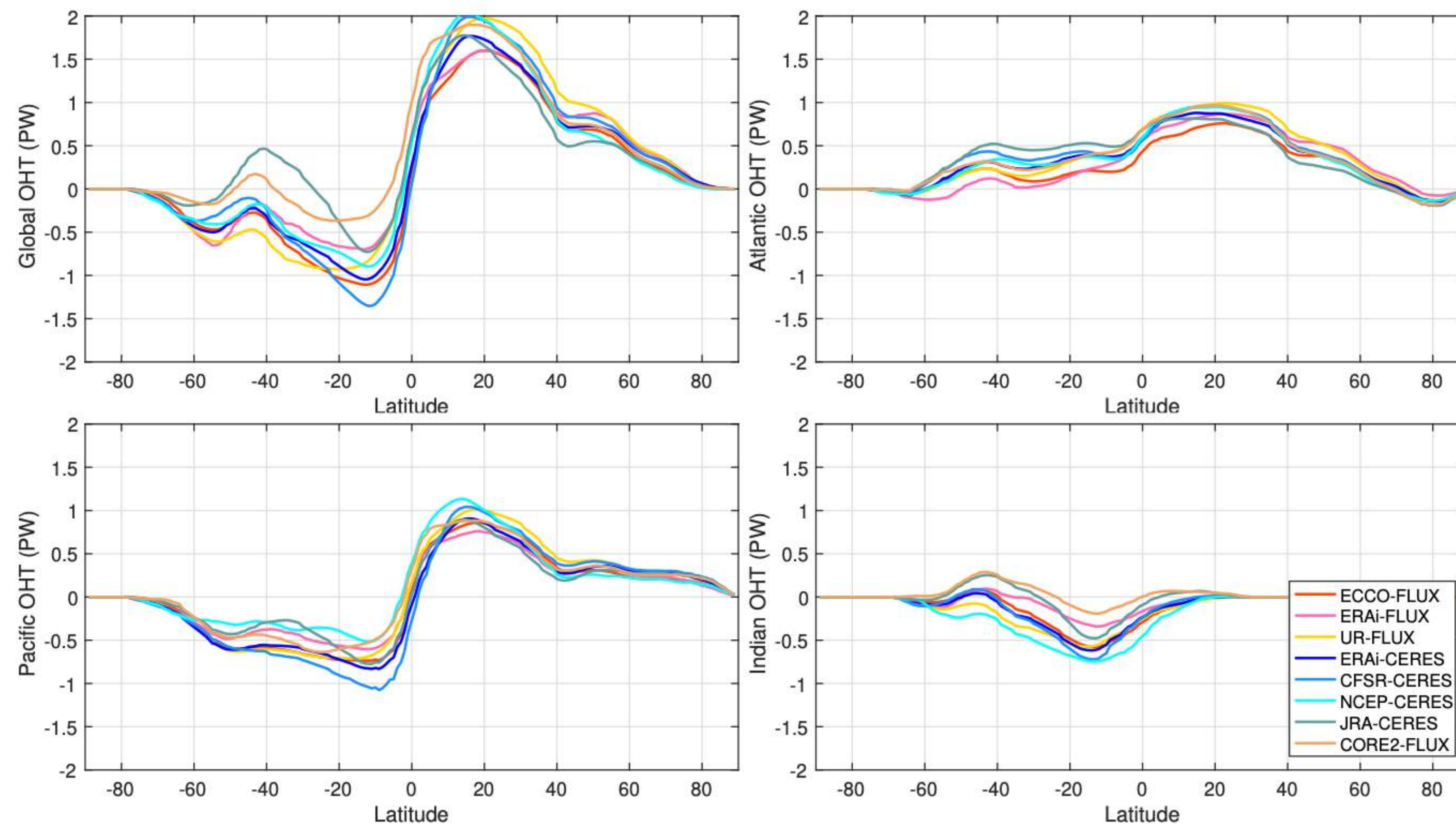


Figure S7: Meridional ocean heat transports (in PW) for the Global Ocean (top left), Atlantic (top right), Pacific (bottom left), and Indian (bottom right) inferred from various air-sea heat flux



Supplementary of

Forget & Ferreira 2019

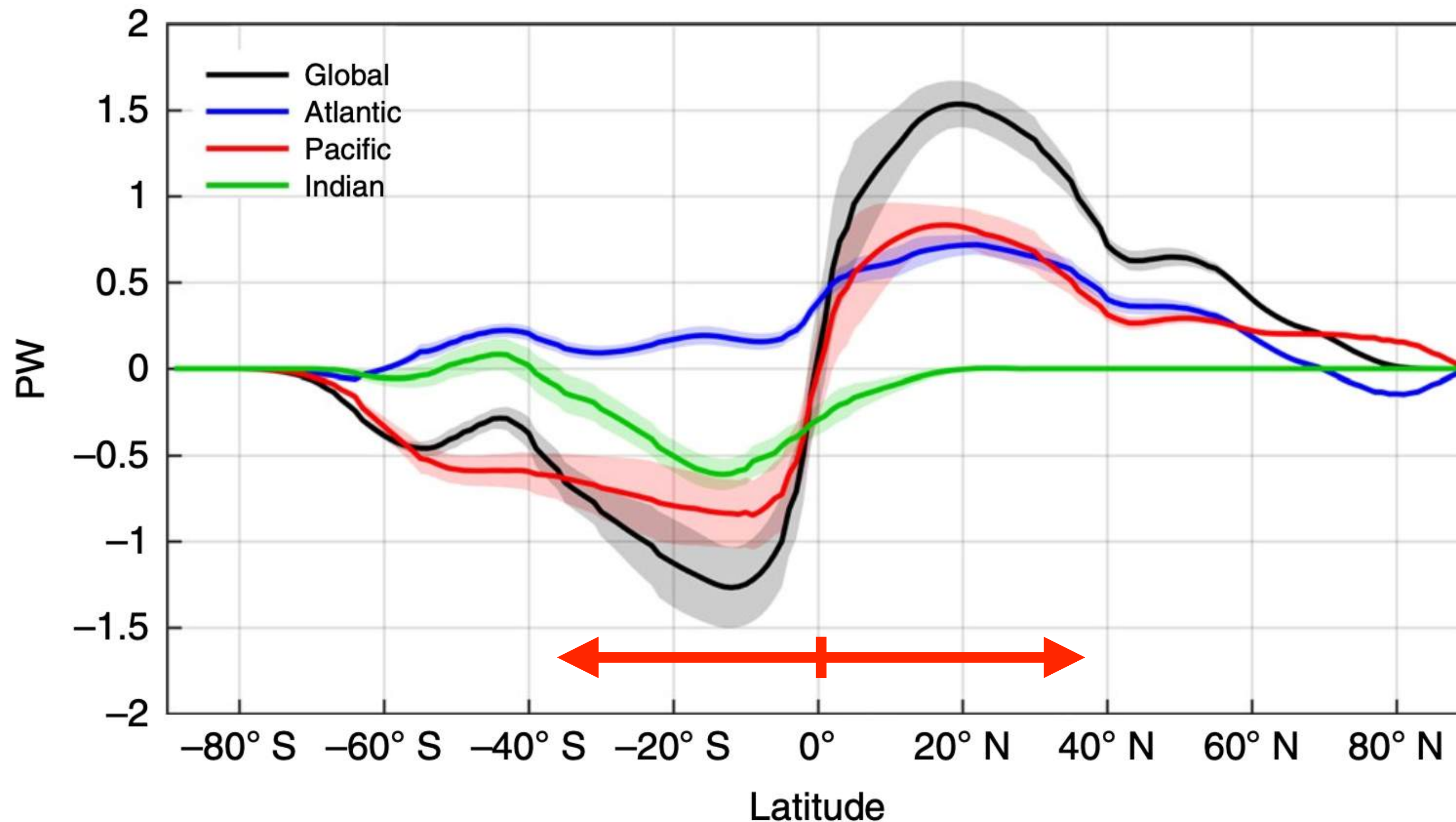
Global ocean heat transport dominated by heat export from the tropical Pacific.

Nat. Geosci. **12**, 2019

<https://doi.org/10.1038/s41561-019-0333-7>

Ocean Heat Transport Climatology (ECCO4)

Is largely dominated by tropical oceans (sorry AMOC, but you are not #1)



Forget & Ferreira 2019

Global ocean heat transport dominated by heat export from the tropical Pacific.

Nat. Geosci. **12**, 2019

<https://doi.org/10.1038/s41561-019-0333-7>

Chapter 2

Ocean Heat Transport Under Global Warming

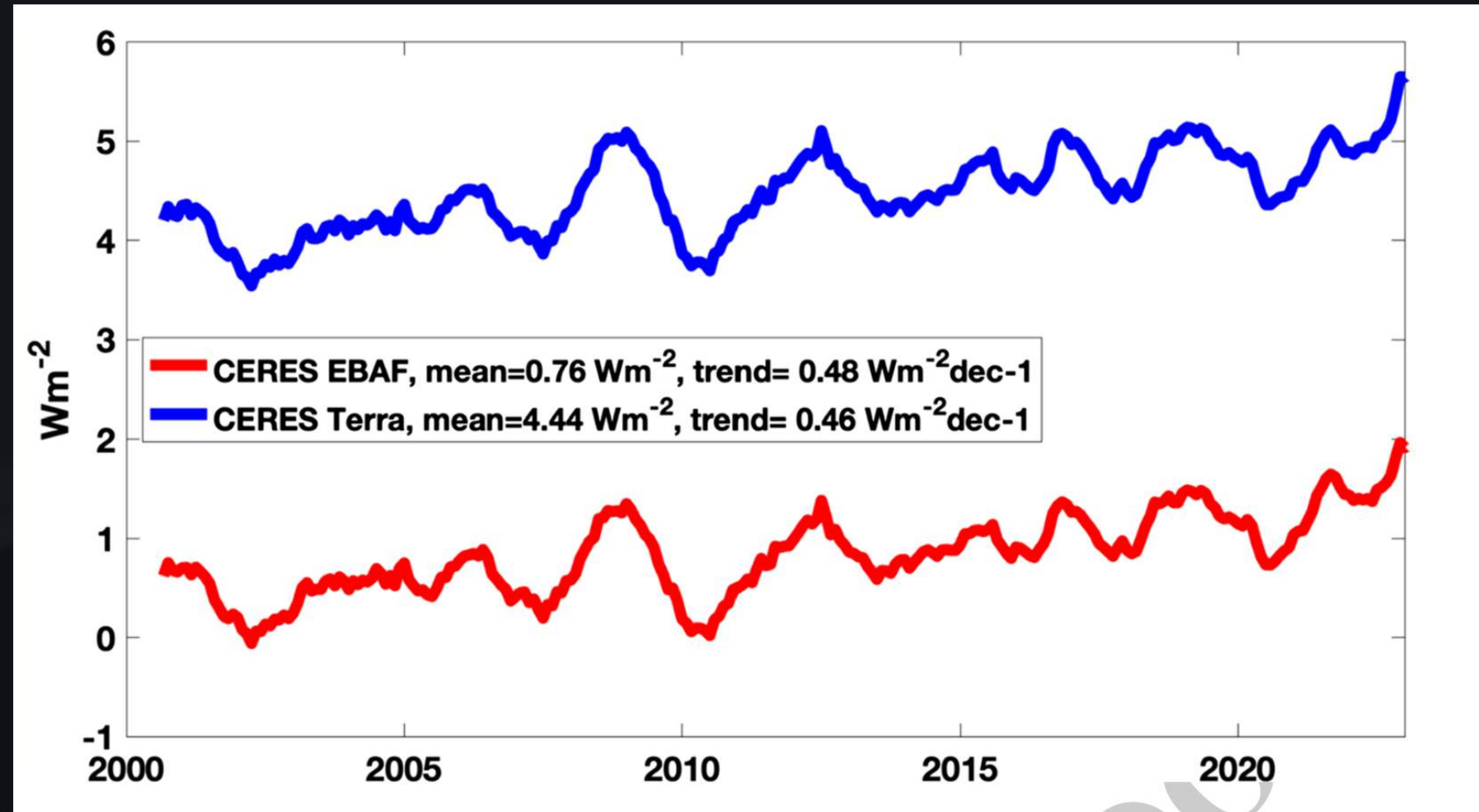
- Global Ocean Heat Content Trends
- Earth Energy Imbalance from Space
- *Let's track EI across the Ocean*
- *Let's pinpoint mechanisms*

Earth Energy Imbalance from Space

Earth Energy Imbalance
(W/m^2)

= incoming - outgoing
radiation at top of the
Atmosphere

$\approx$ the rate of global
warming



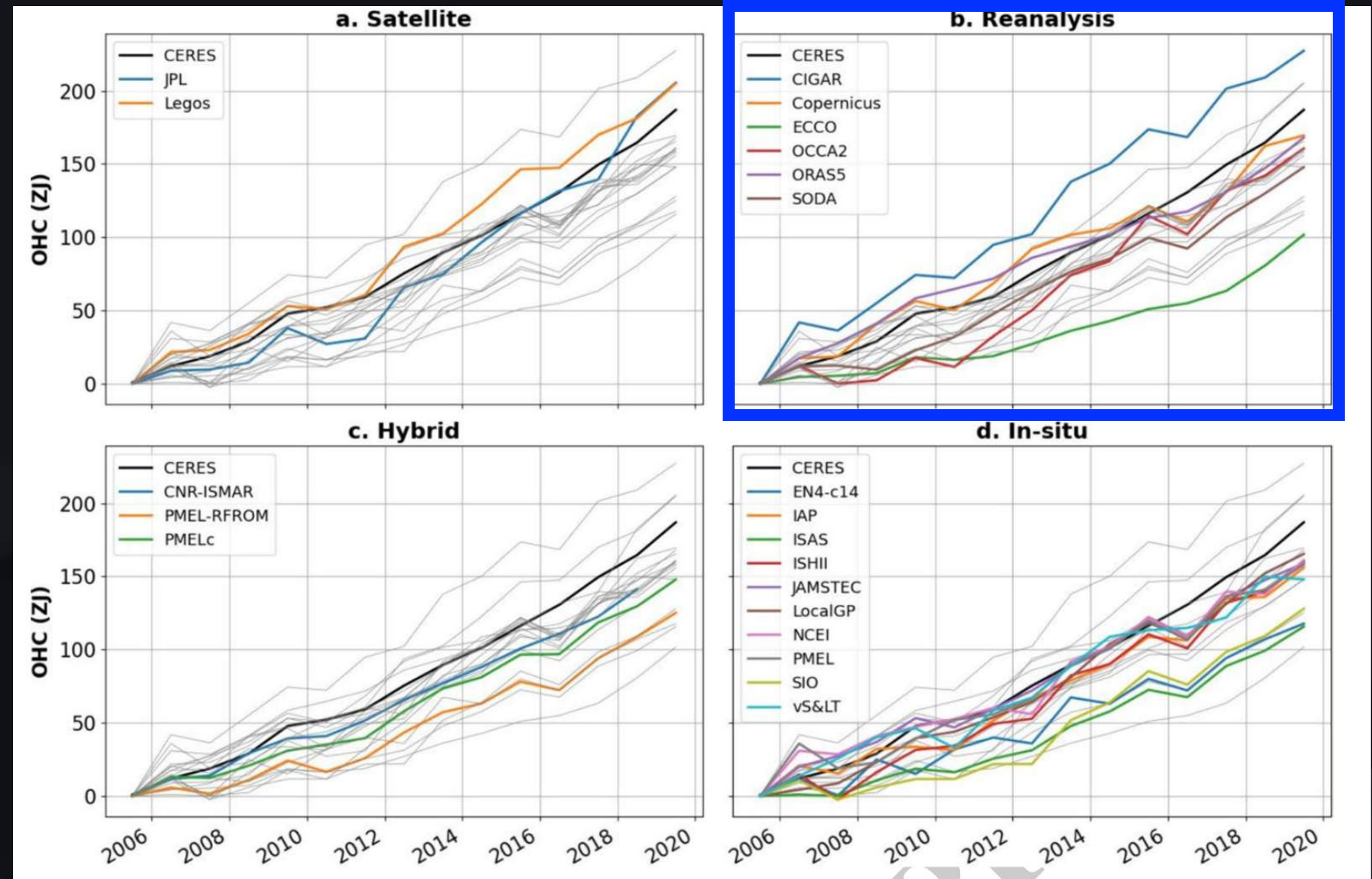
Trends and variability in Earth's energy imbalance and ocean heat uptake since 2005. *Hakuba, Fourest, Boyer, Meyssignac, Carton, Forget, et al. Surveys in Geophysics, 2024*

Rising Ocean Heat Content

Ocean Heat Uptake
(dOHT/dt)

is 90% of
Earth Energy Imbalance

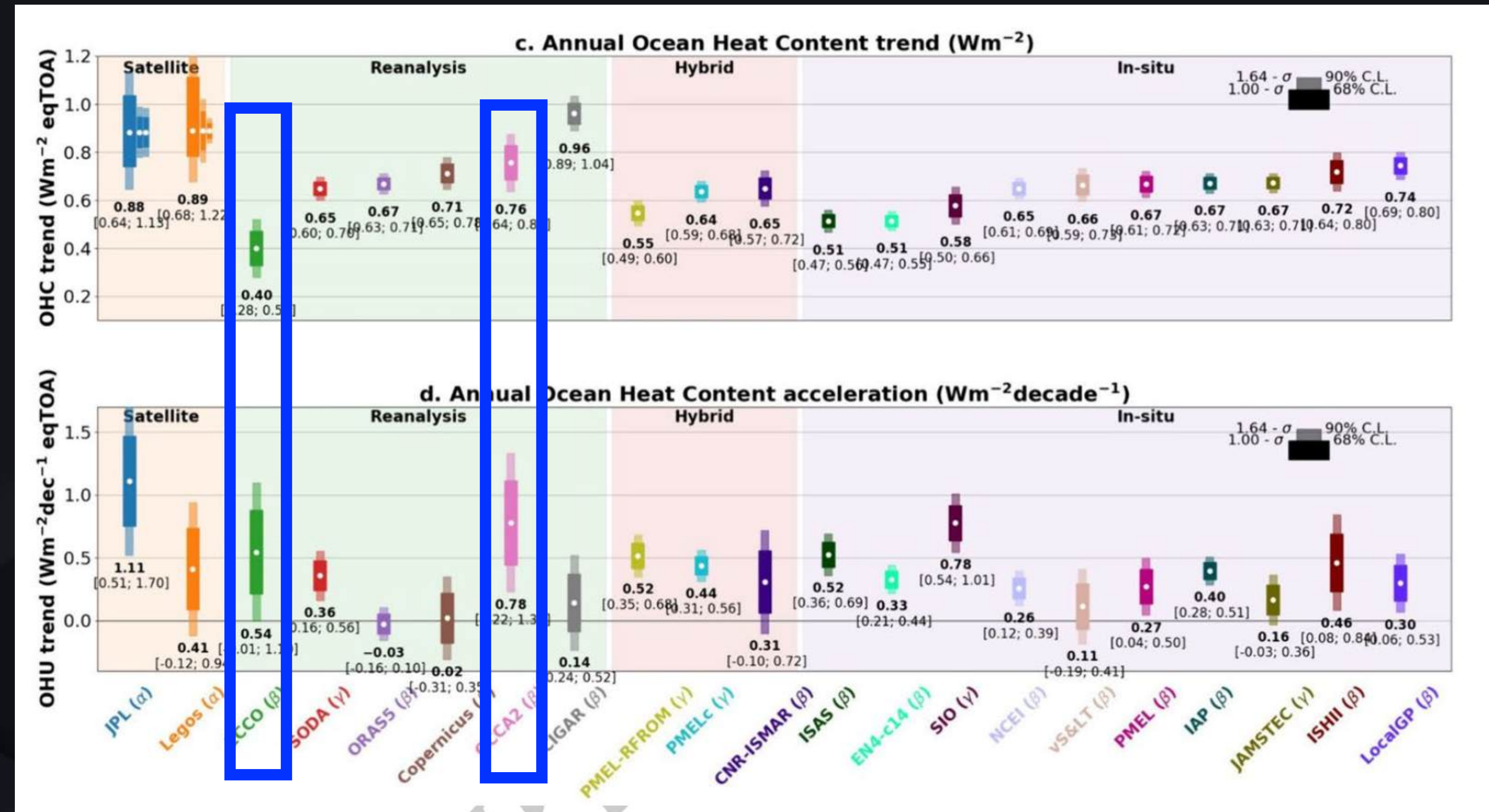
or 90% of the rate of
global warming



Trends and variability in Earth's energy imbalance and ocean heat uptake since 2005. *Hakuba, Fourest, Boyer, Meyssignac, Carton, Forget, et al. Surveys in Geophysics, 2024*

Ocean Heat Uptake and its Acceleration

- Broad agreement amongst estimates
- Heat Uptake of 0.5 - 1 W/m²
- Accelerating by 0 - 1 W/m²/decade

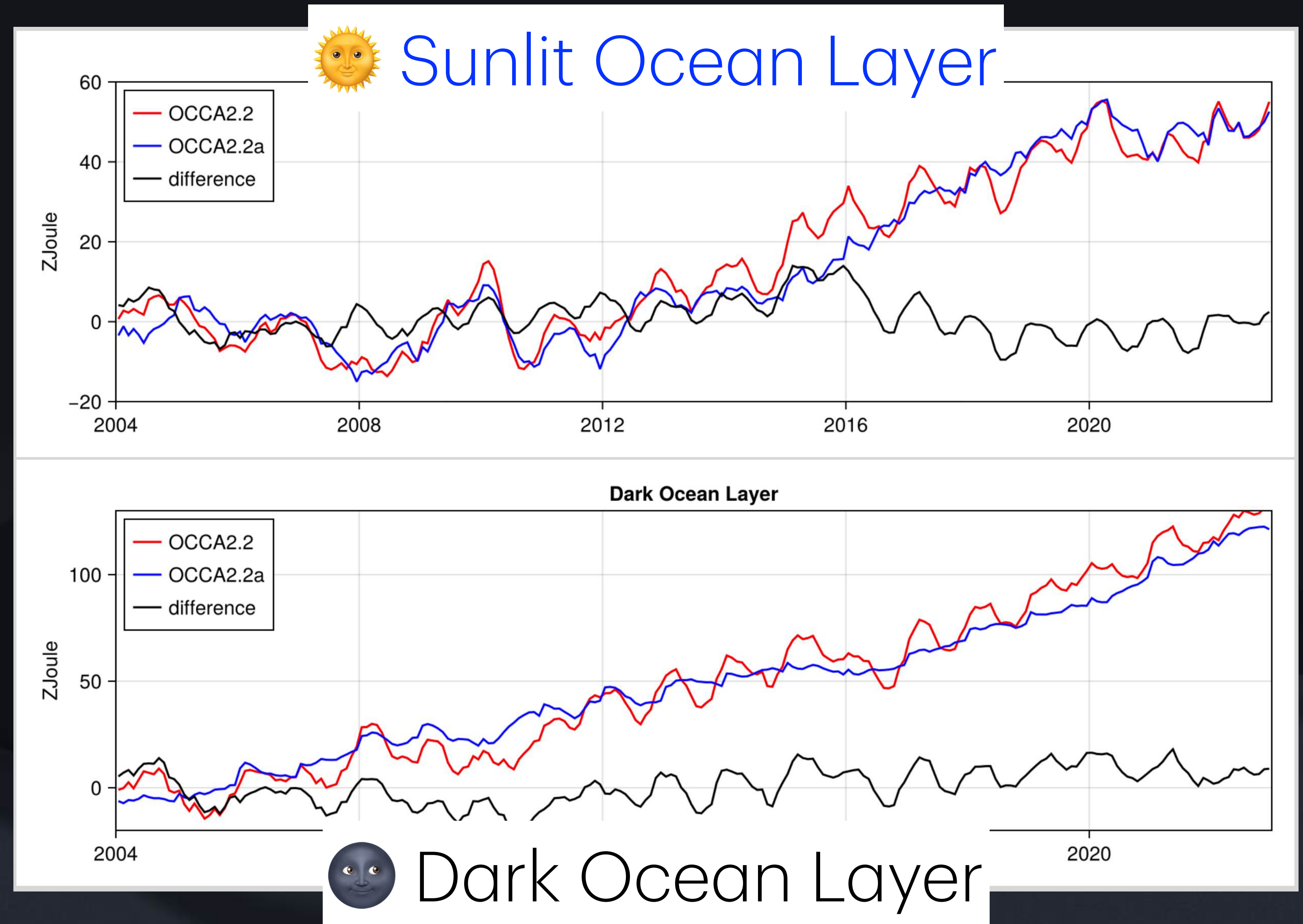


Trends and variability in Earth's energy imbalance and ocean heat uptake since 2005. *Hakuba, Fourest, Boyer, Meyssignac, Carton, Forget, et al. Surveys in Geophysics, 2024*

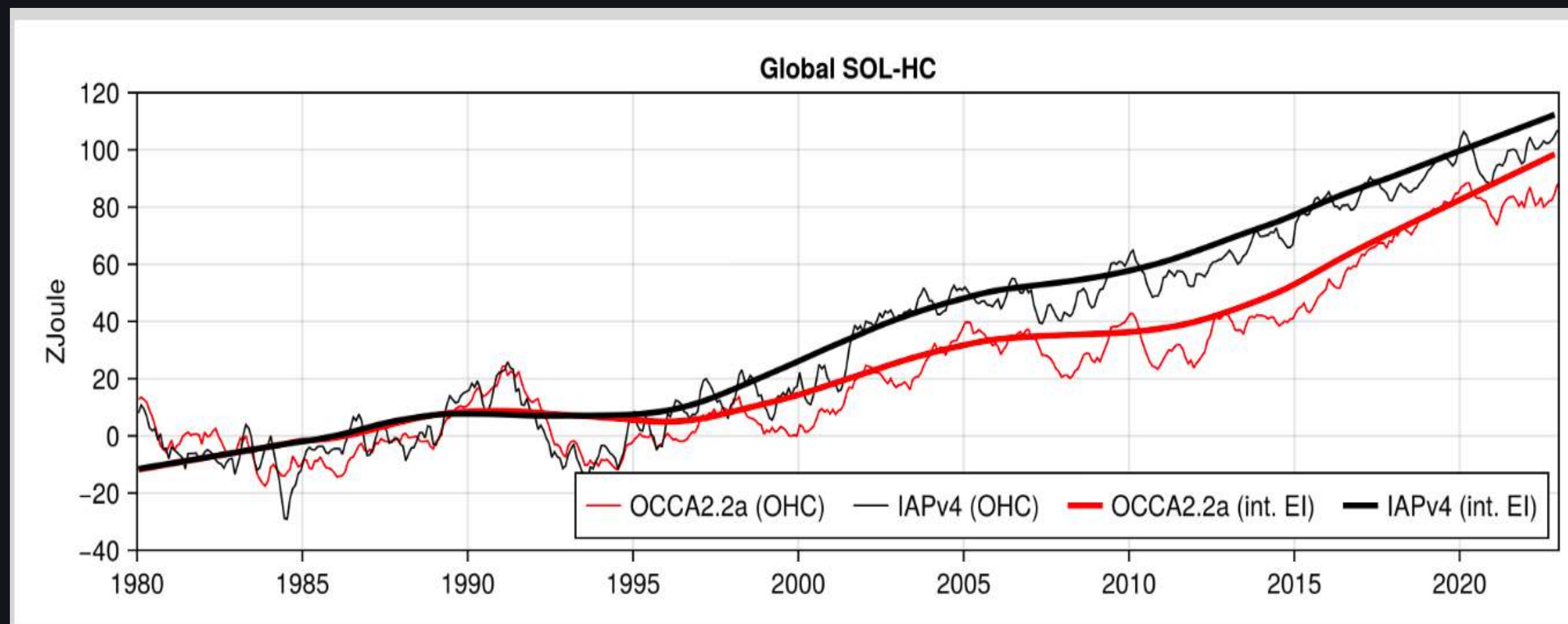
Tracking Earth Energy Imbalance in the Ocean

- OCCA2 is a close relative of OCCA1 & ECCO4
- 1980-2022, ERA5/ECCO4
- Budget : Sunlit v Dark Ocean Layer (200m)
- Two estimates : with Argo increment or not

Forget (in prep.)



SOL Energy Imbalance (global mean)



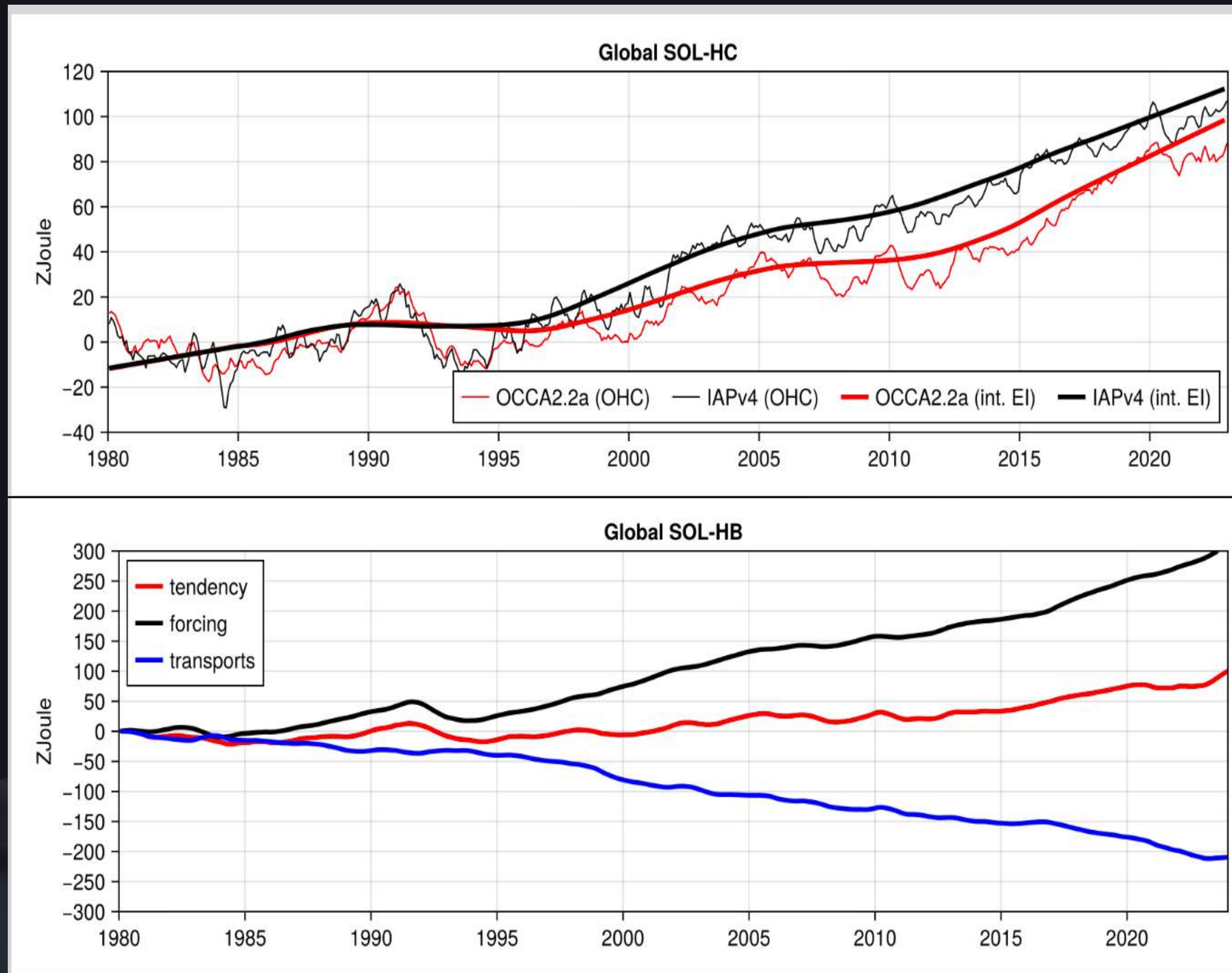
Sunlit Ocean Layer



Sunlit Ocean Layer

Forget (in prep.)

SOL Energy Imbalance (global mean)



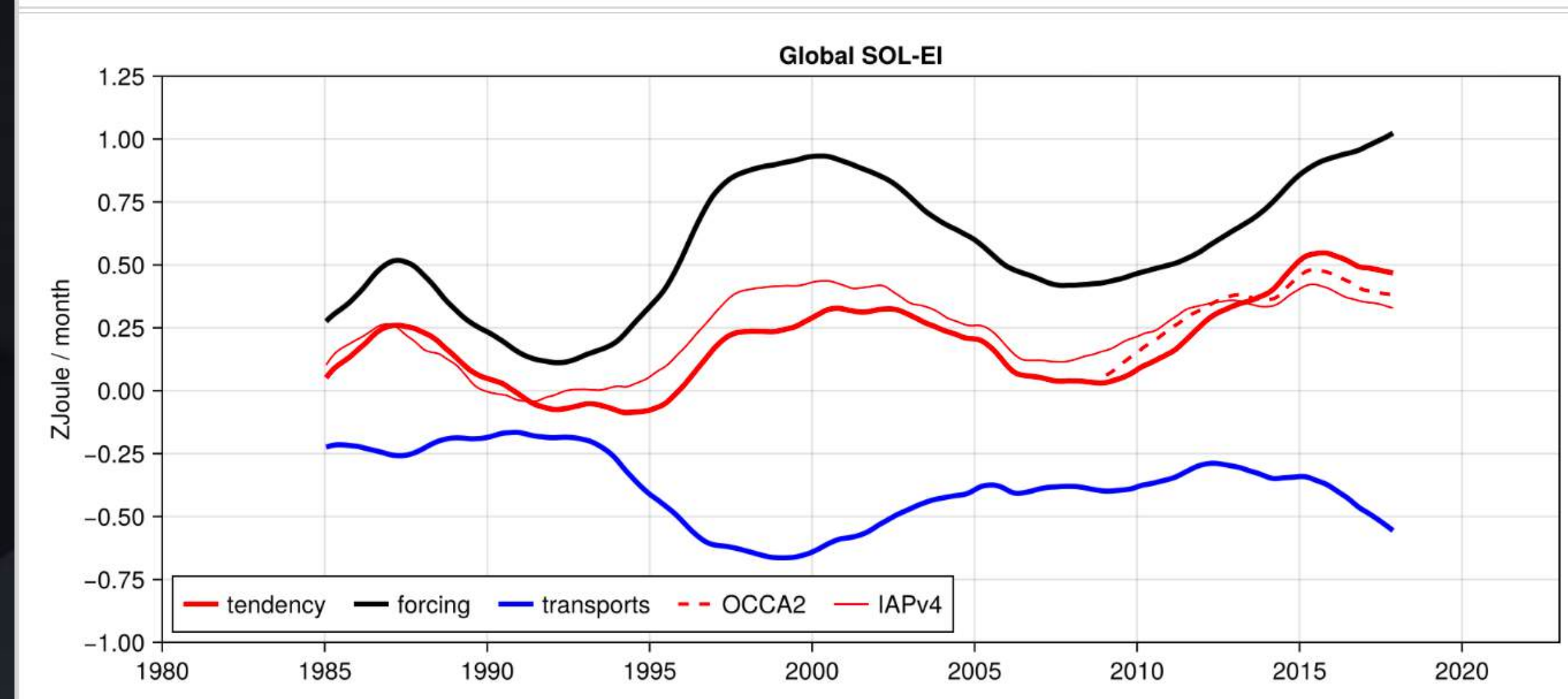
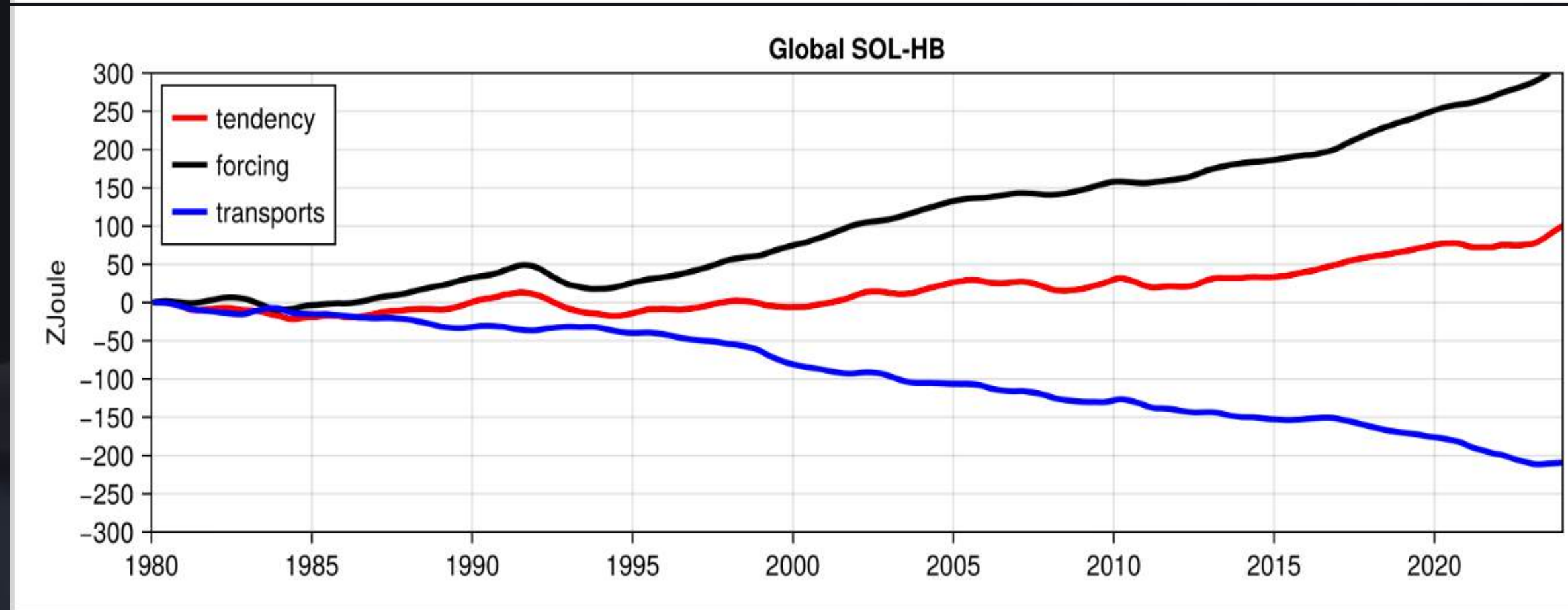
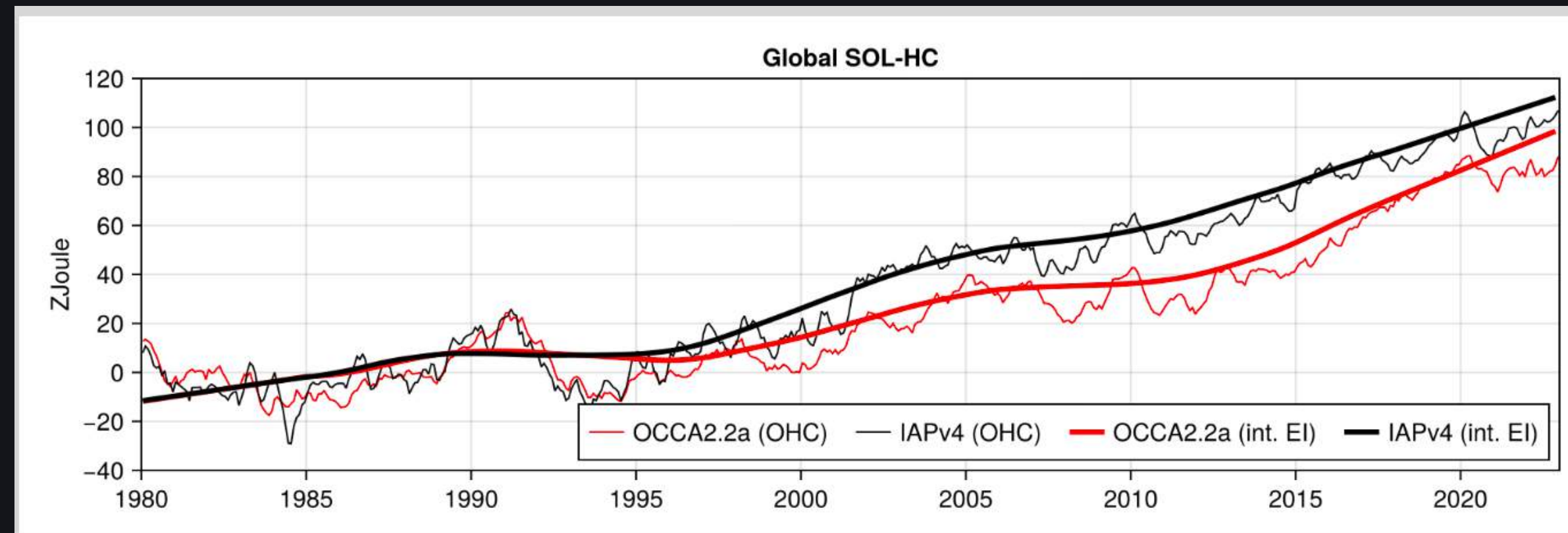
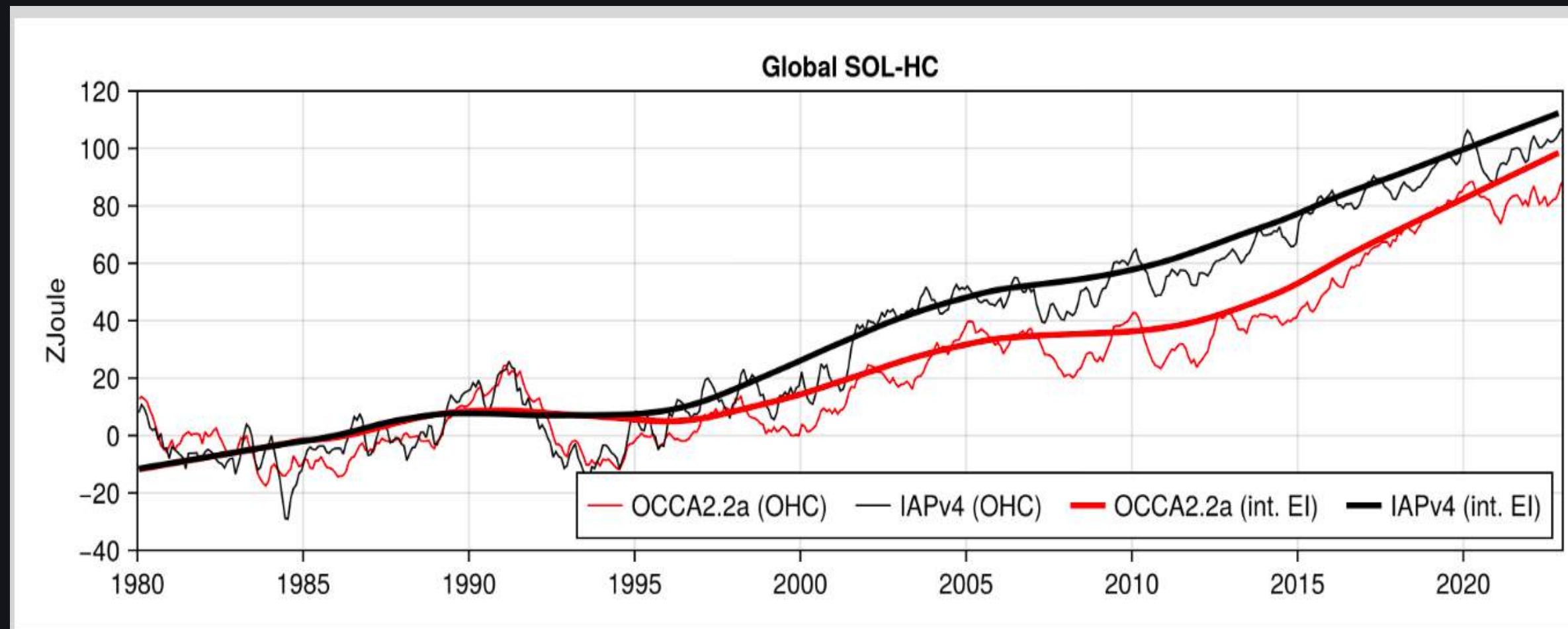
Sunlit Ocean Layer



Sunlit Ocean Layer

Forget (in prep.)

SOL Energy Imbalance (global mean)



Sunlit Ocean Layer

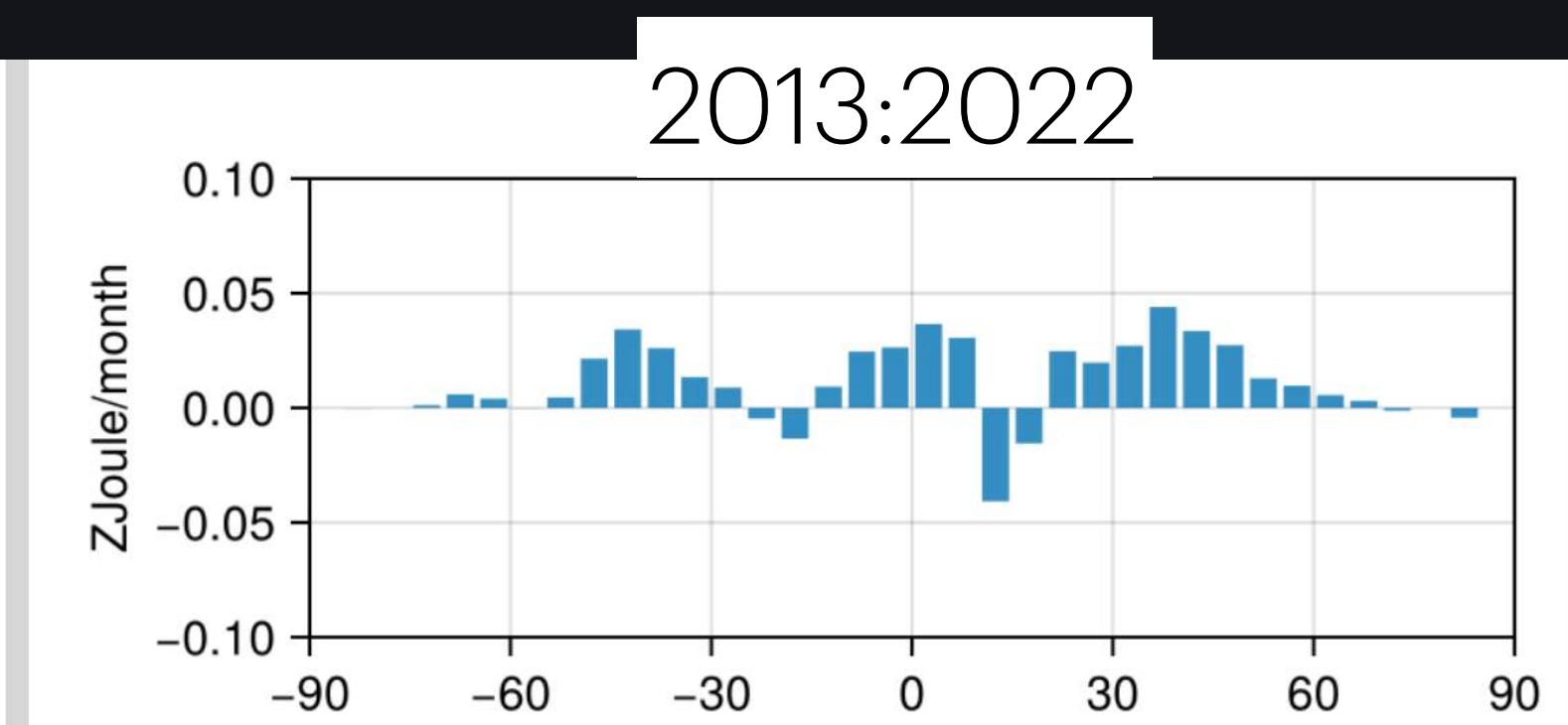
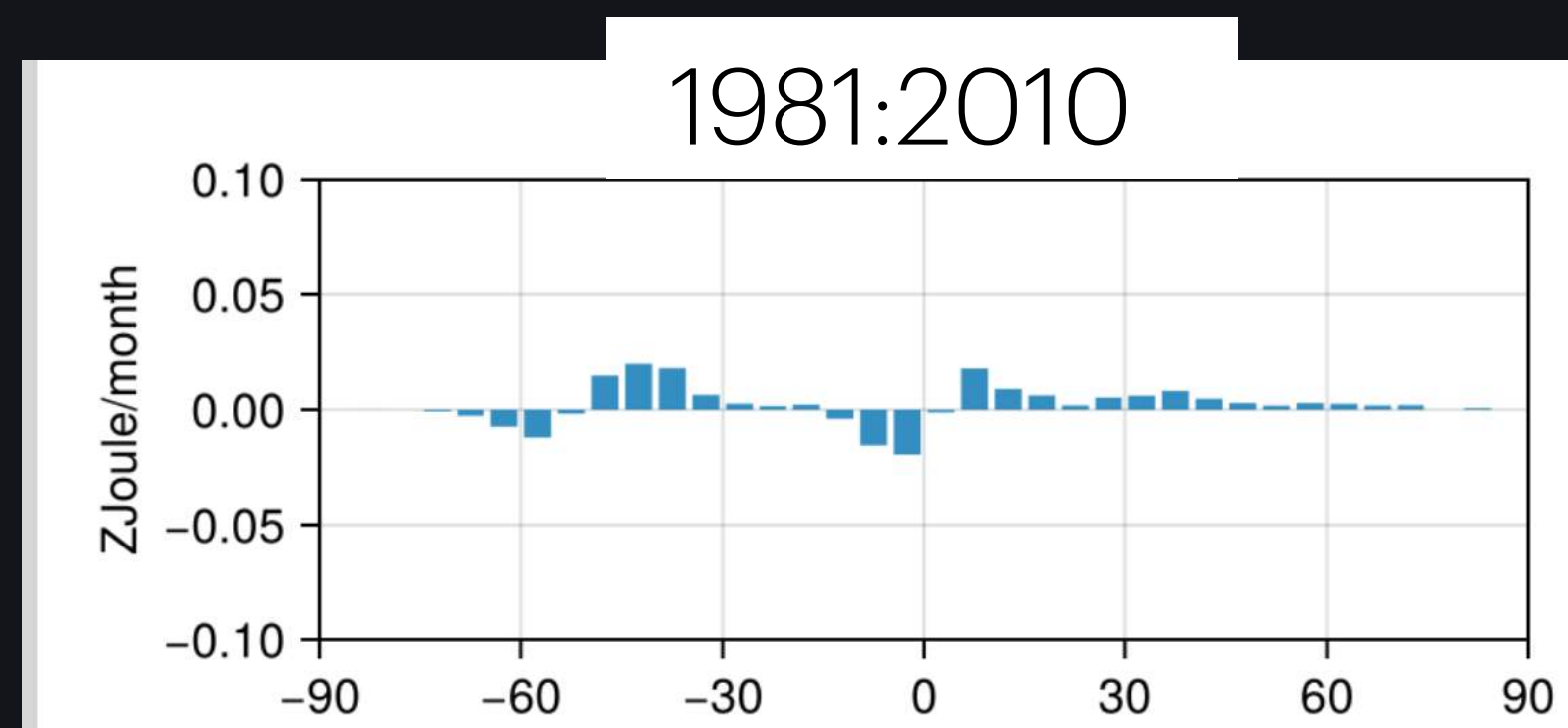


Sunlit Ocean Layer

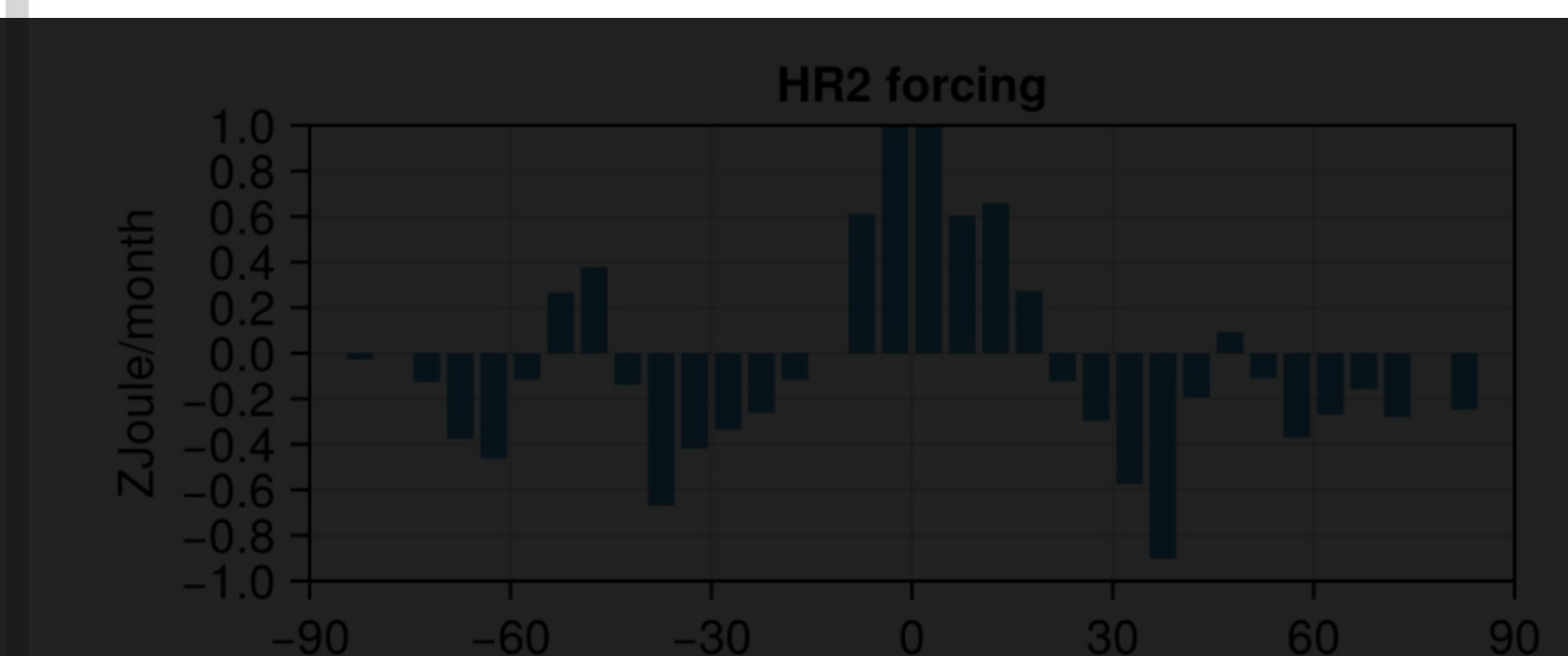
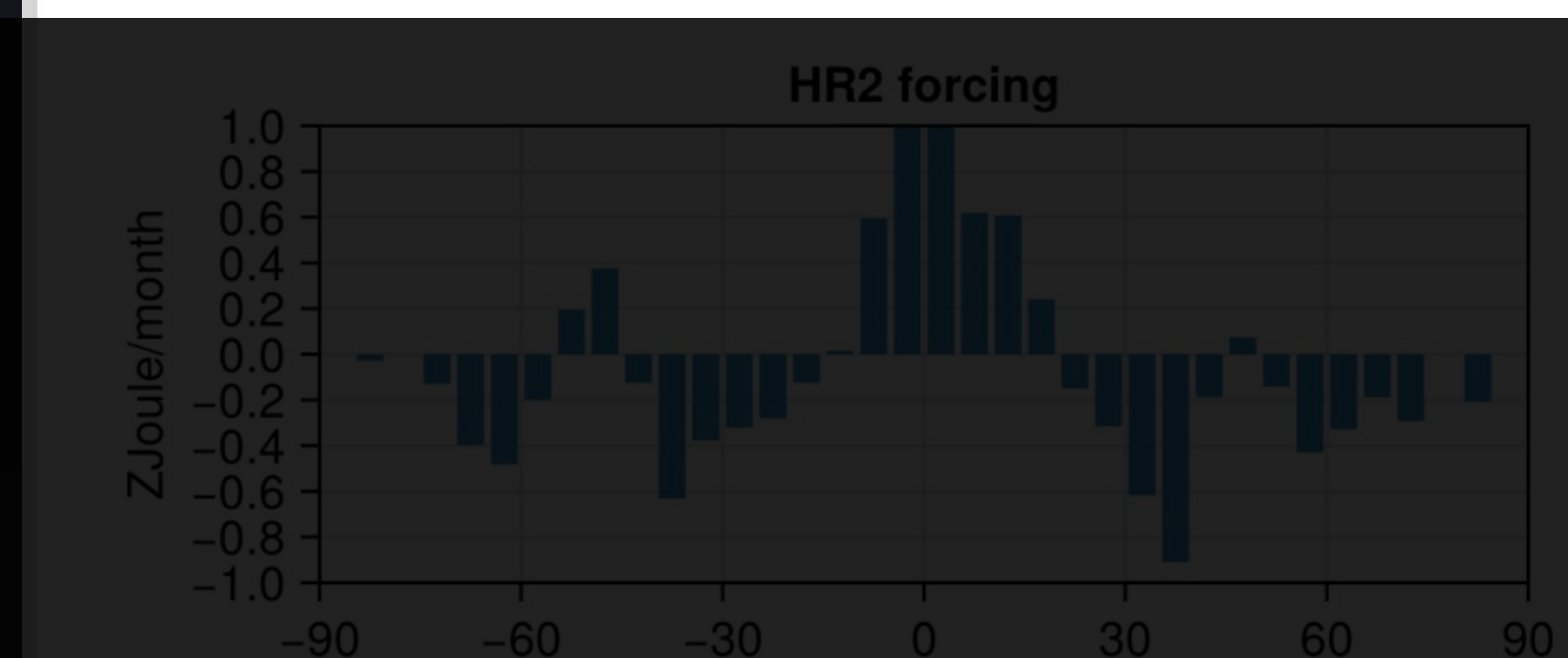
Forget (in prep.)

S.O.L. Heat Budget (geography)

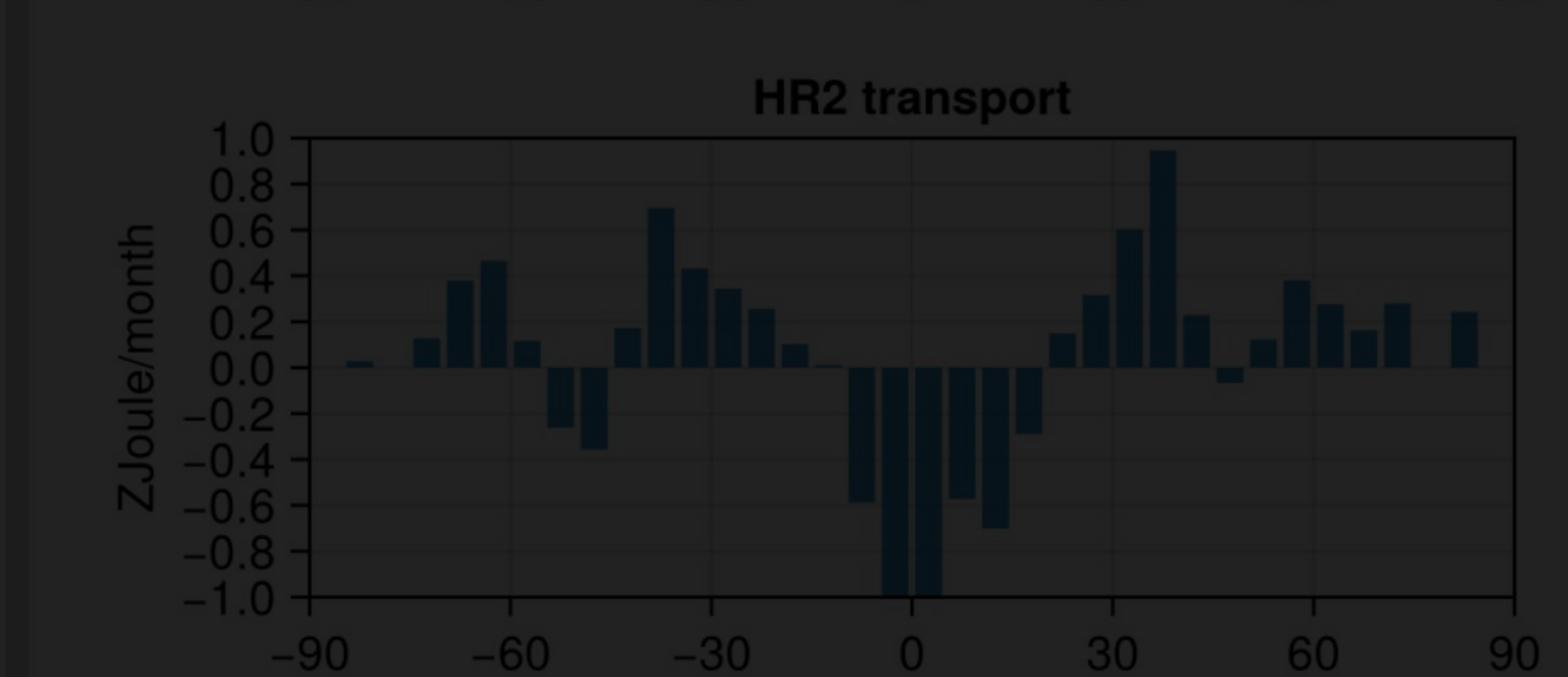
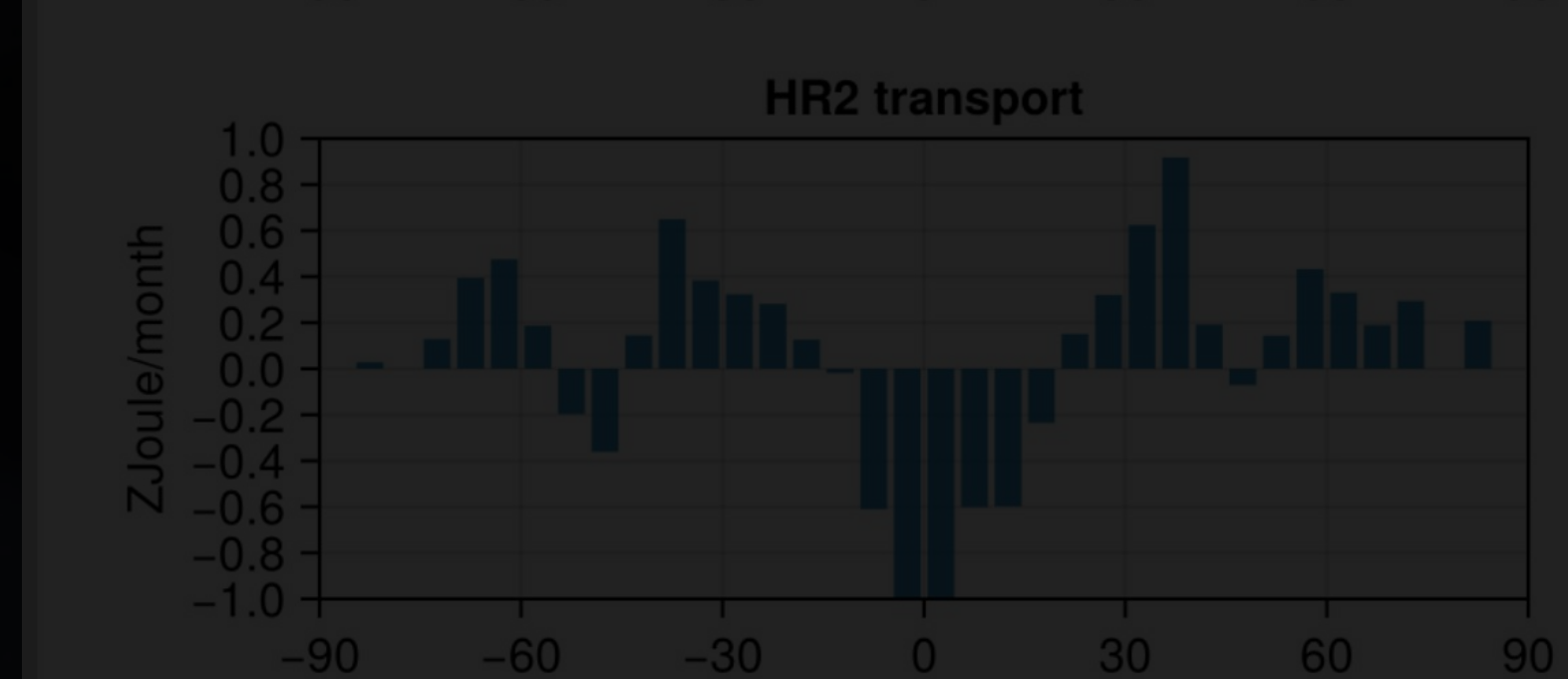
**Ocean Heat
Content Trend**



**Net Air-Sea
Heat Flux**



**Ocean Heat
Transport
Convergence**



Forget (in prep.)

S.O.L. Heat Budget (geography)

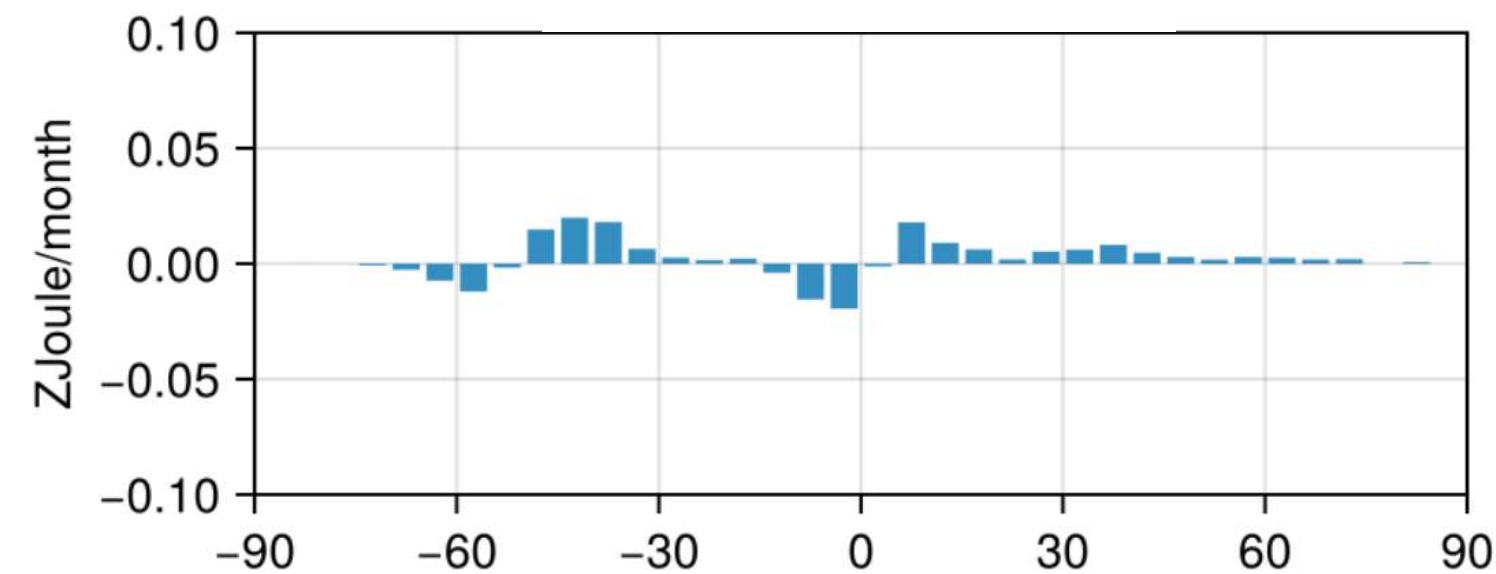
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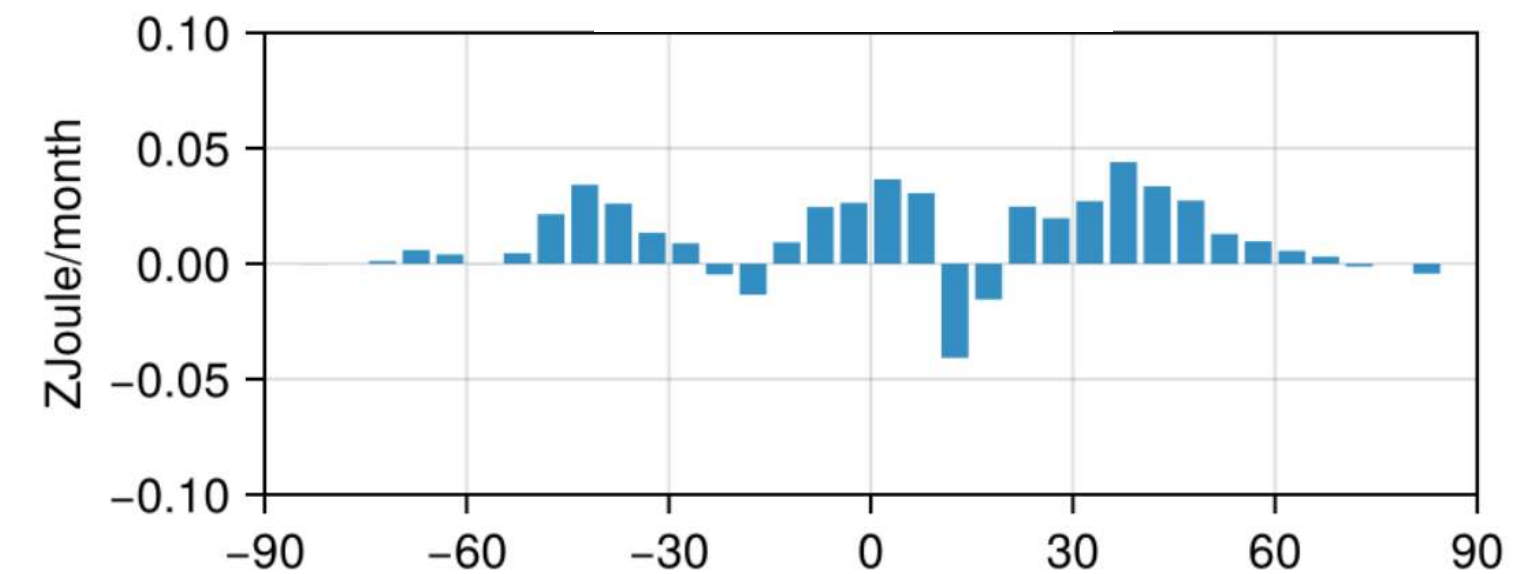
**Ocean Heat
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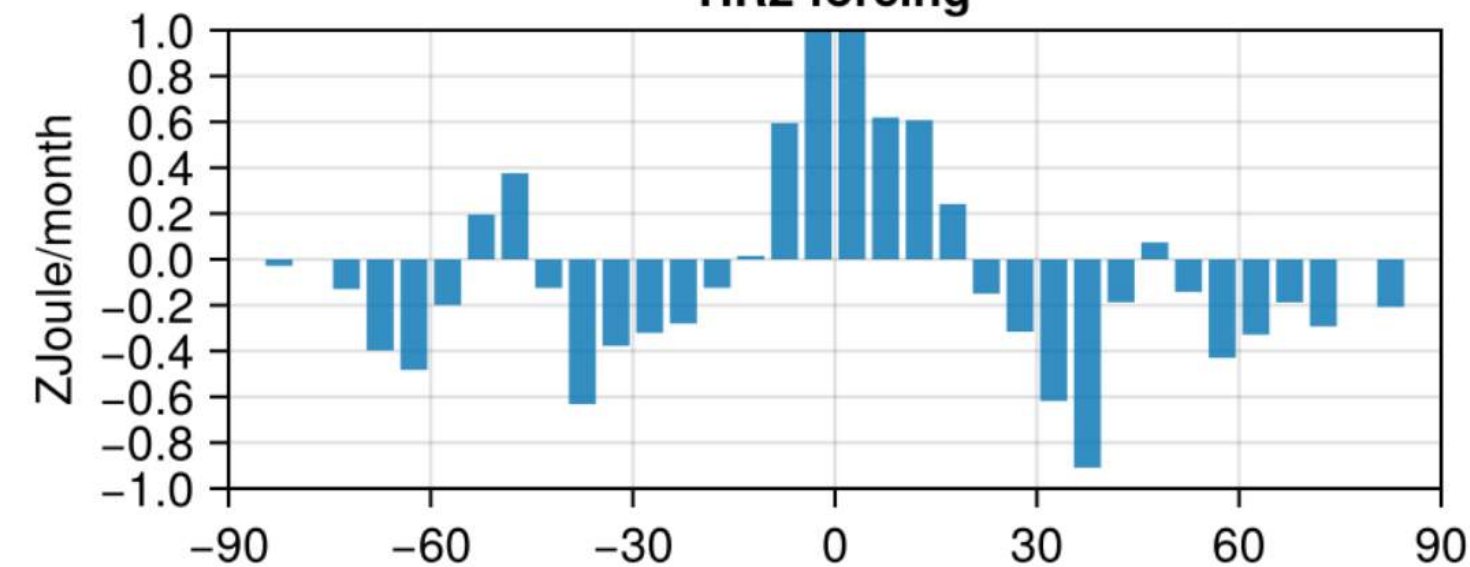
1981:2010



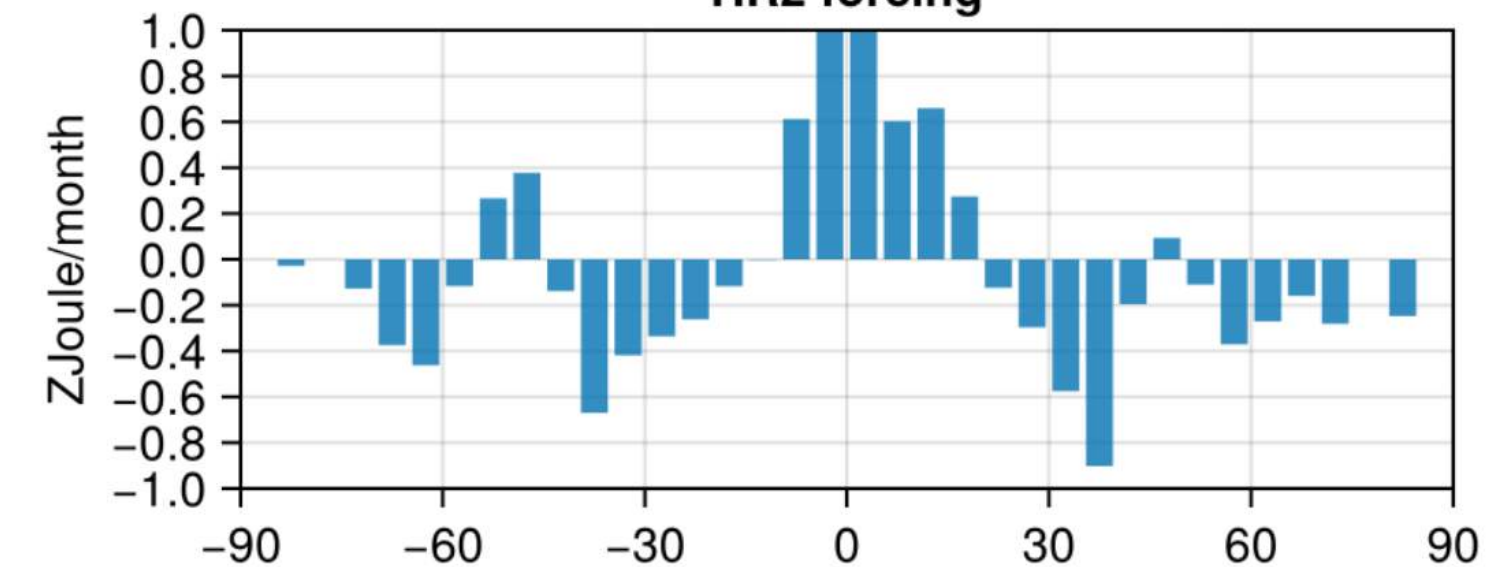
2013:2022



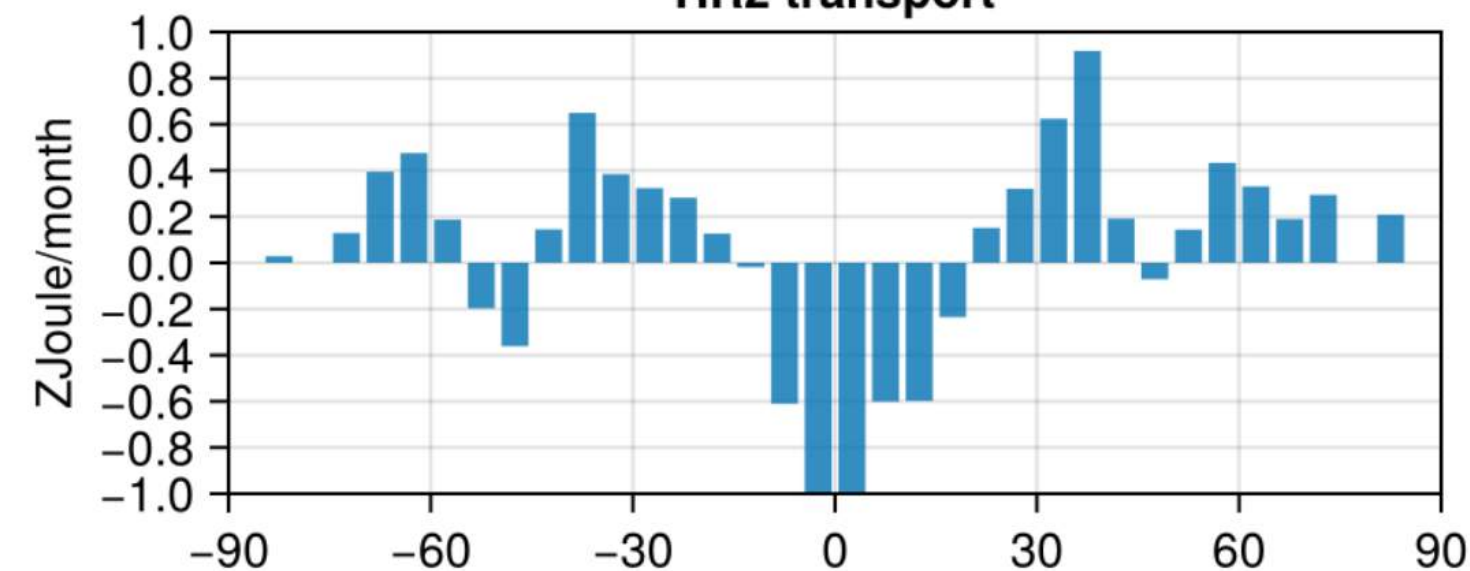
HR2 forcing



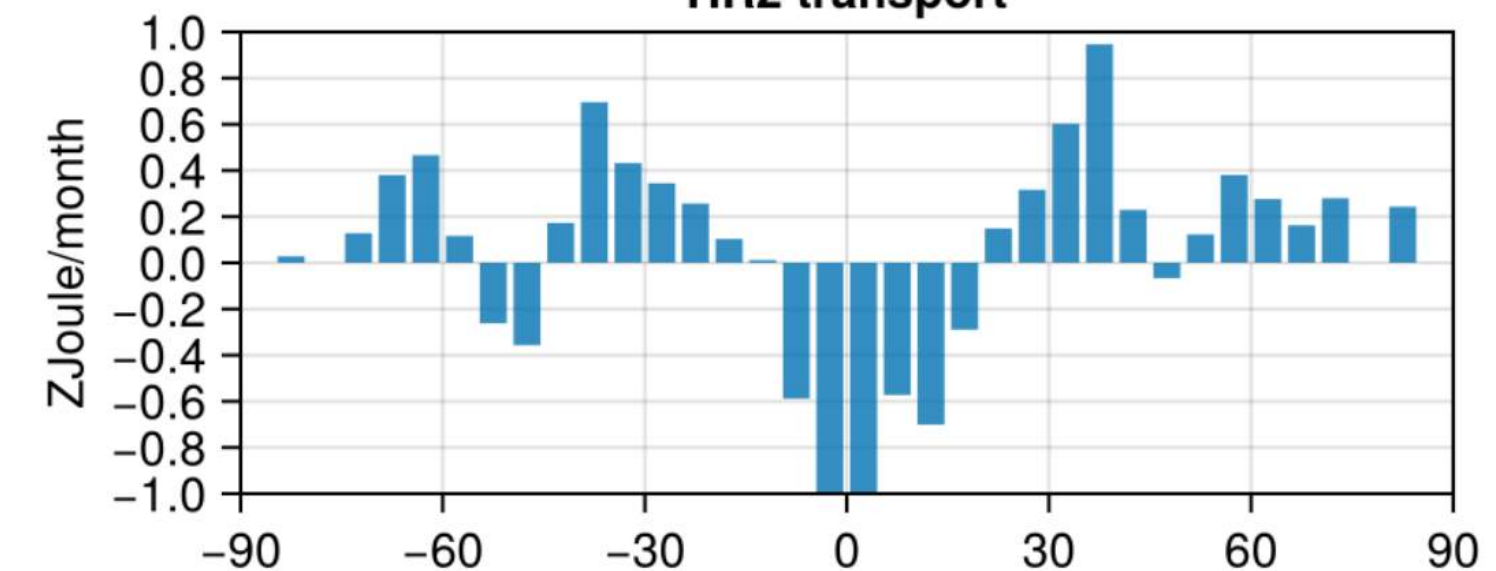
HR2 forcing



HR2 transport



HR2 transport



S.O.L. Heat Budget (geography)

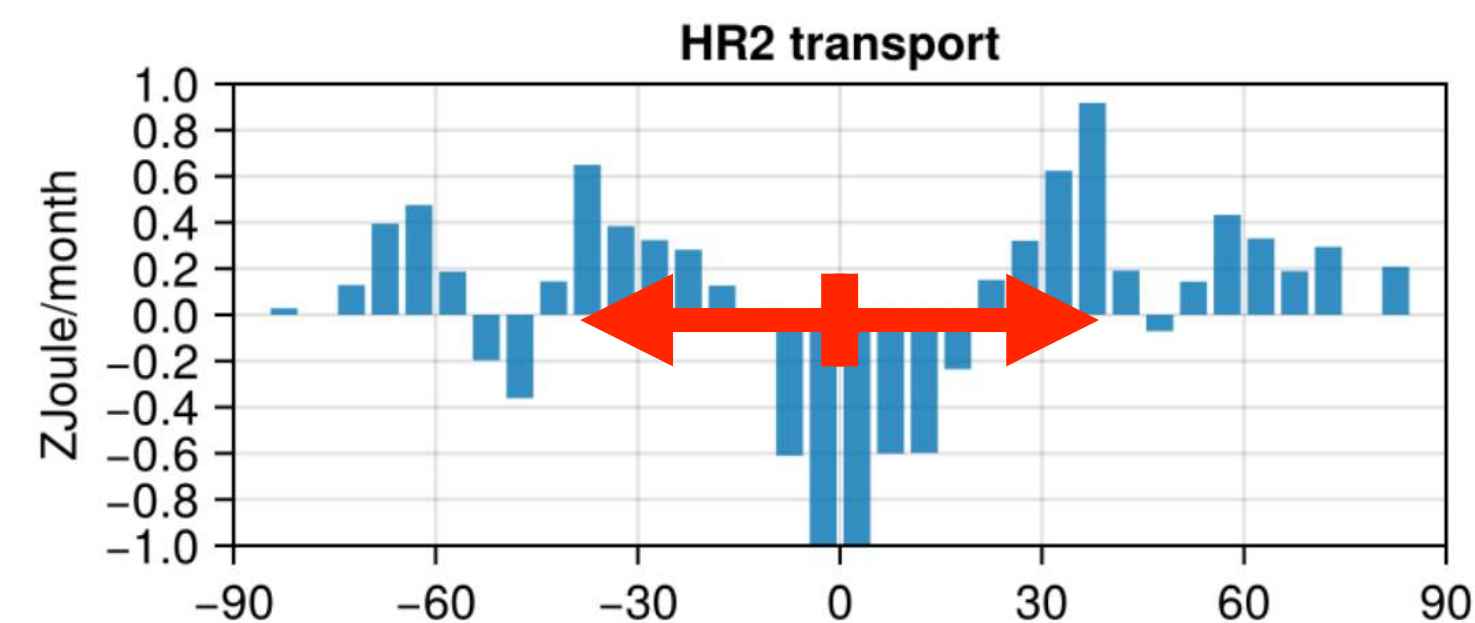
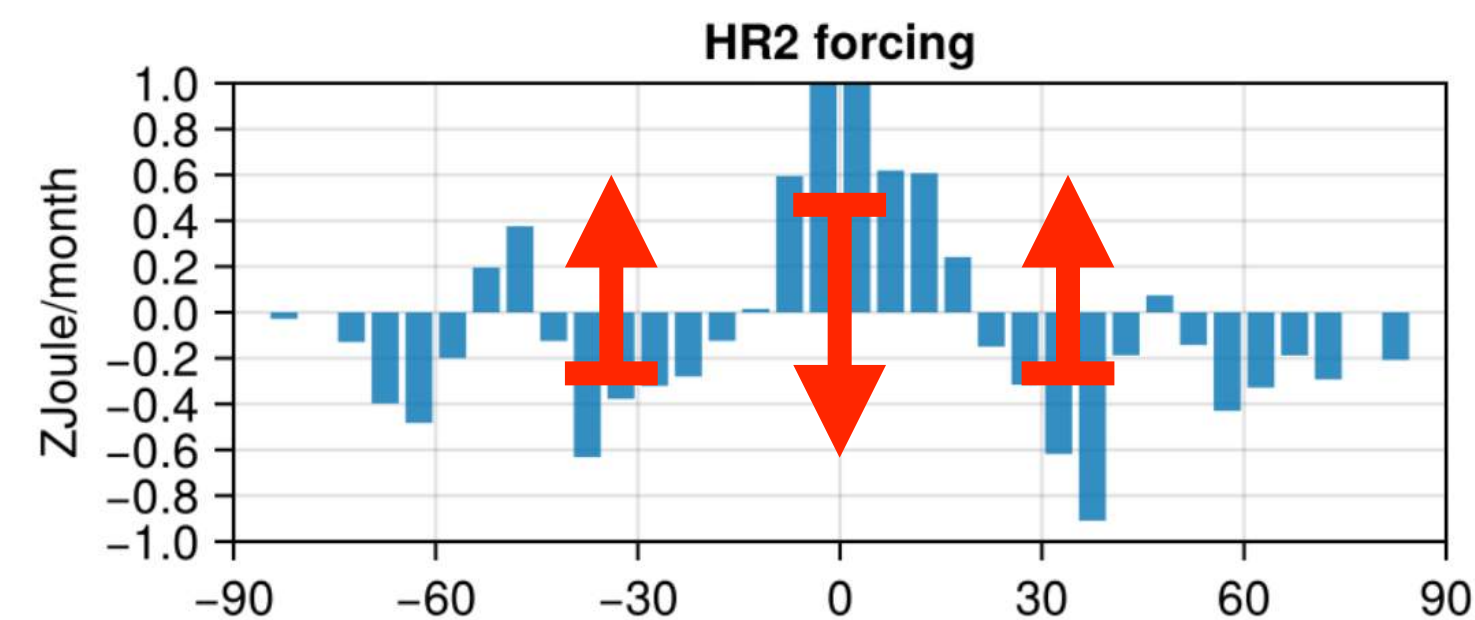
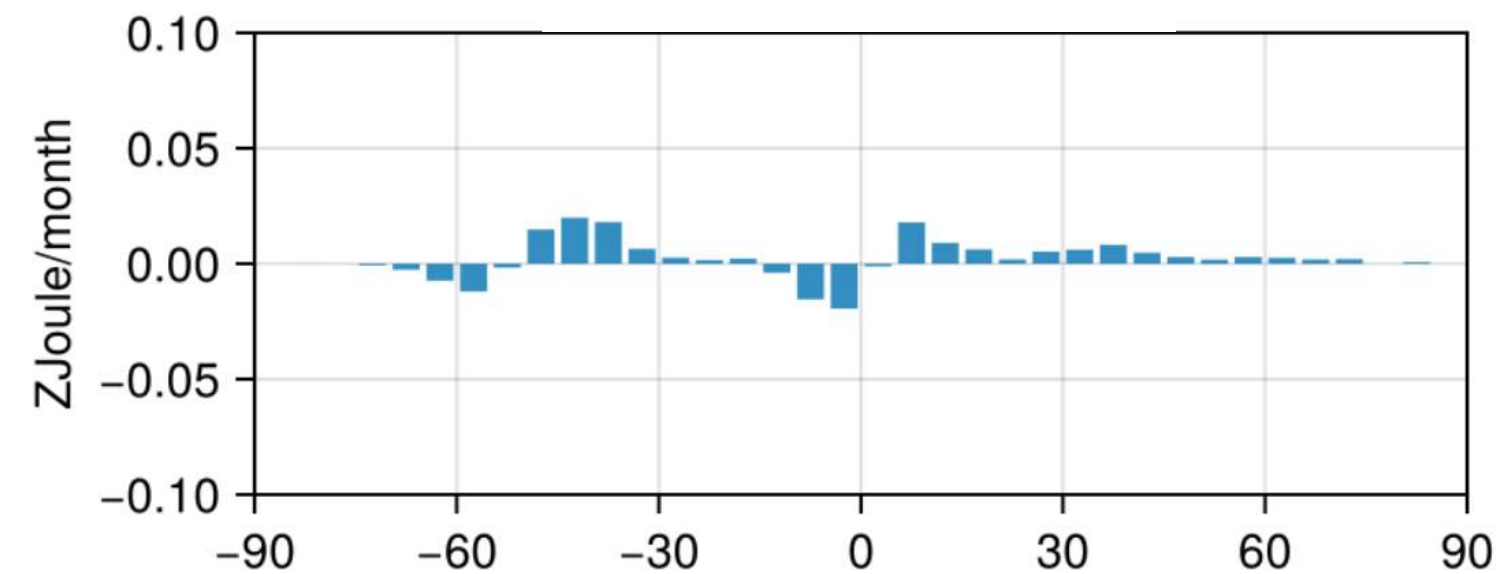
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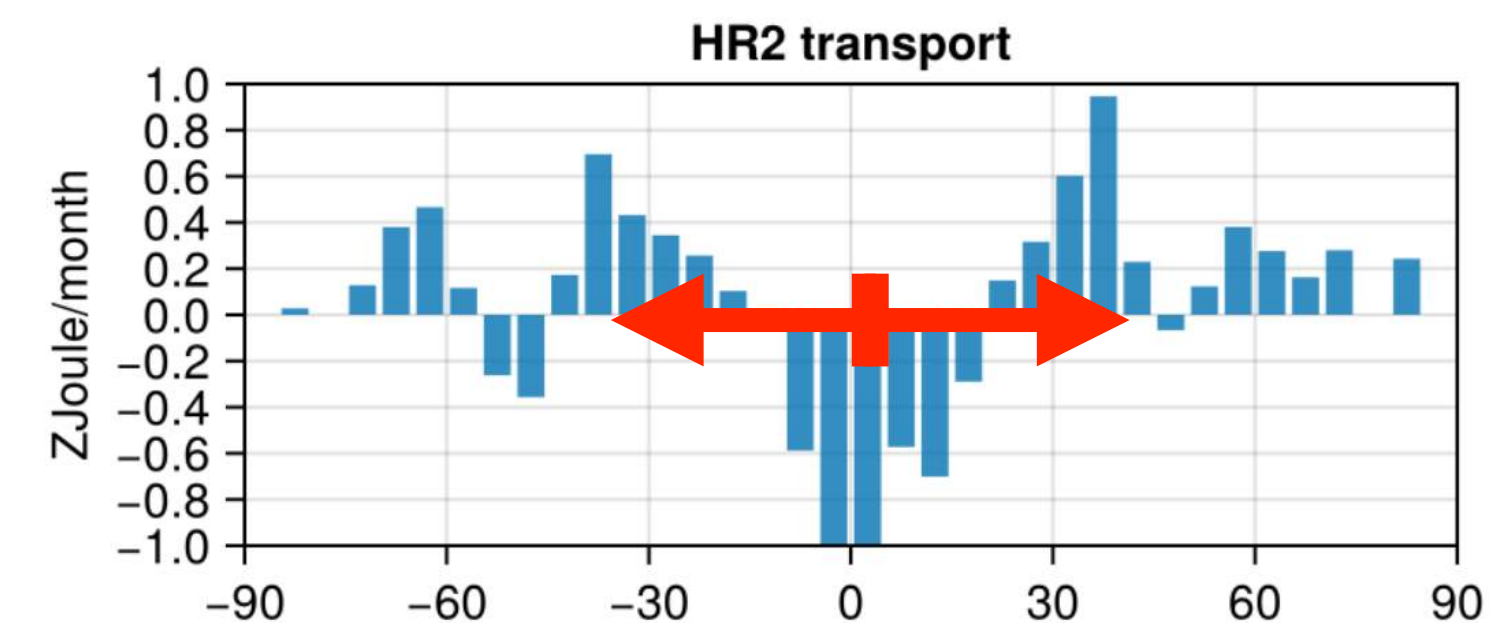
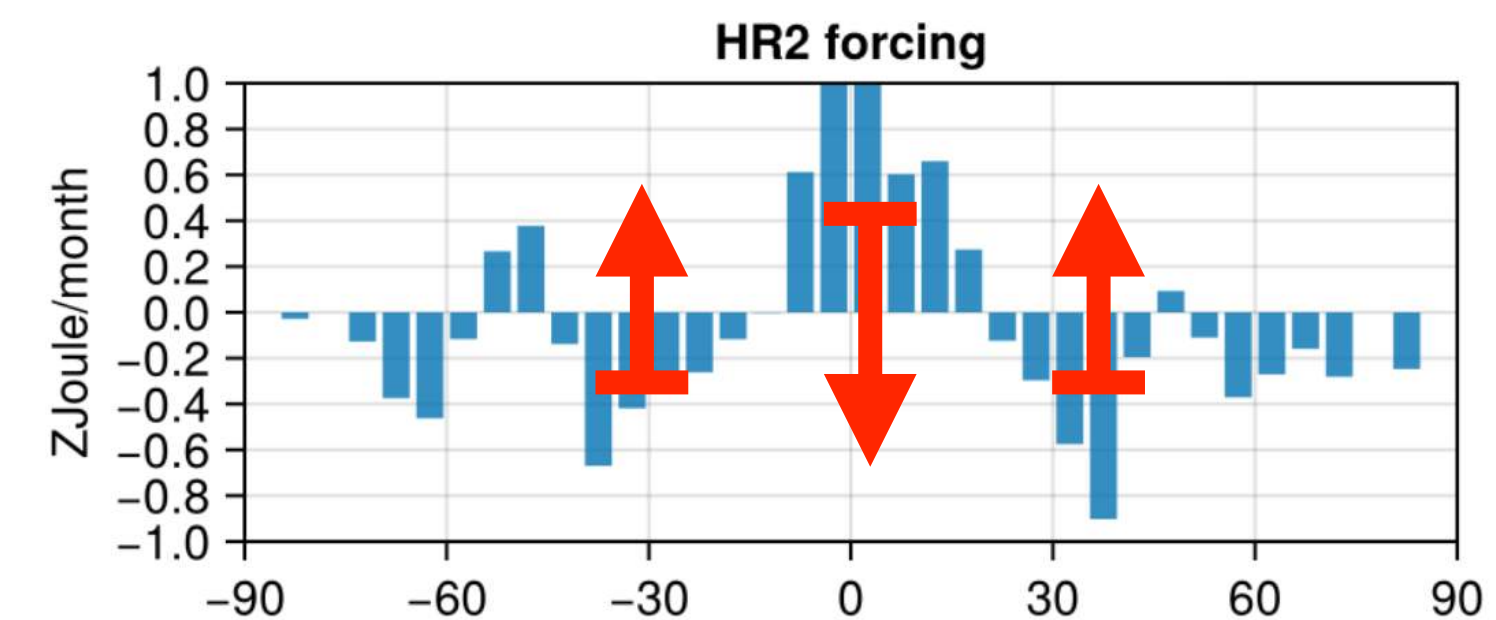
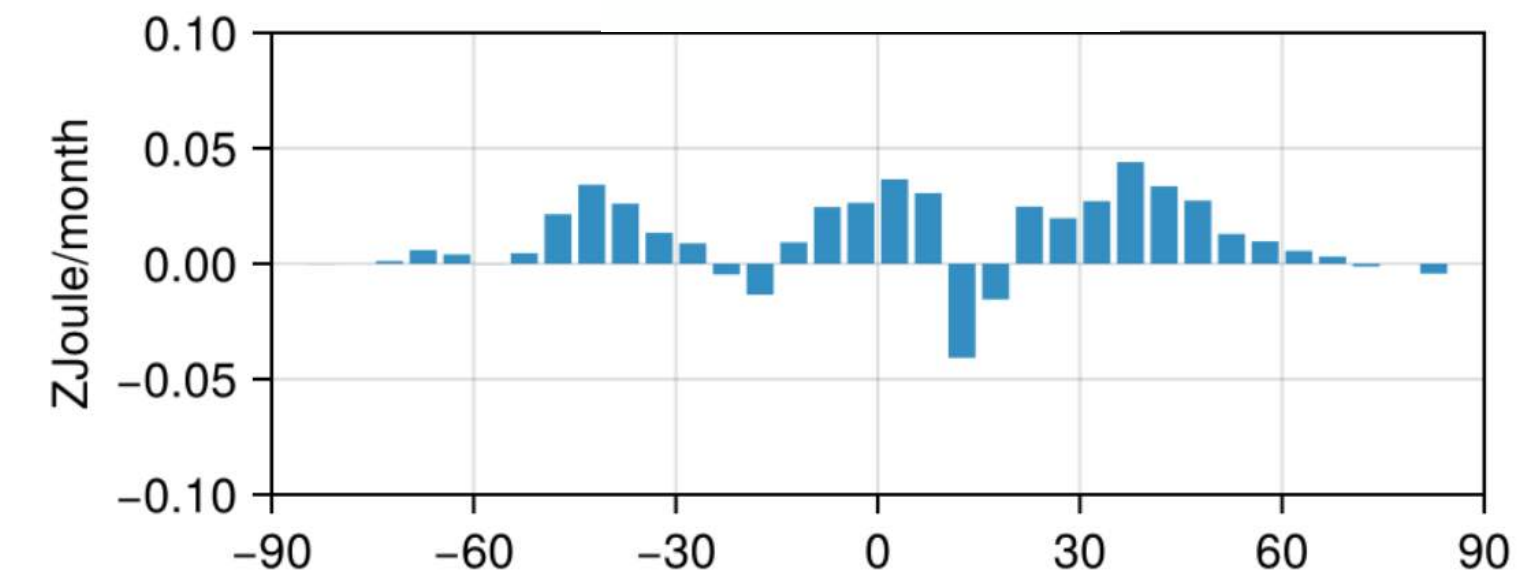
**Ocean Heat
Transport
Convergence**

Forget (in prep.)

1981:2010



2013:2022



S.O.L. Heat Budget (geography)

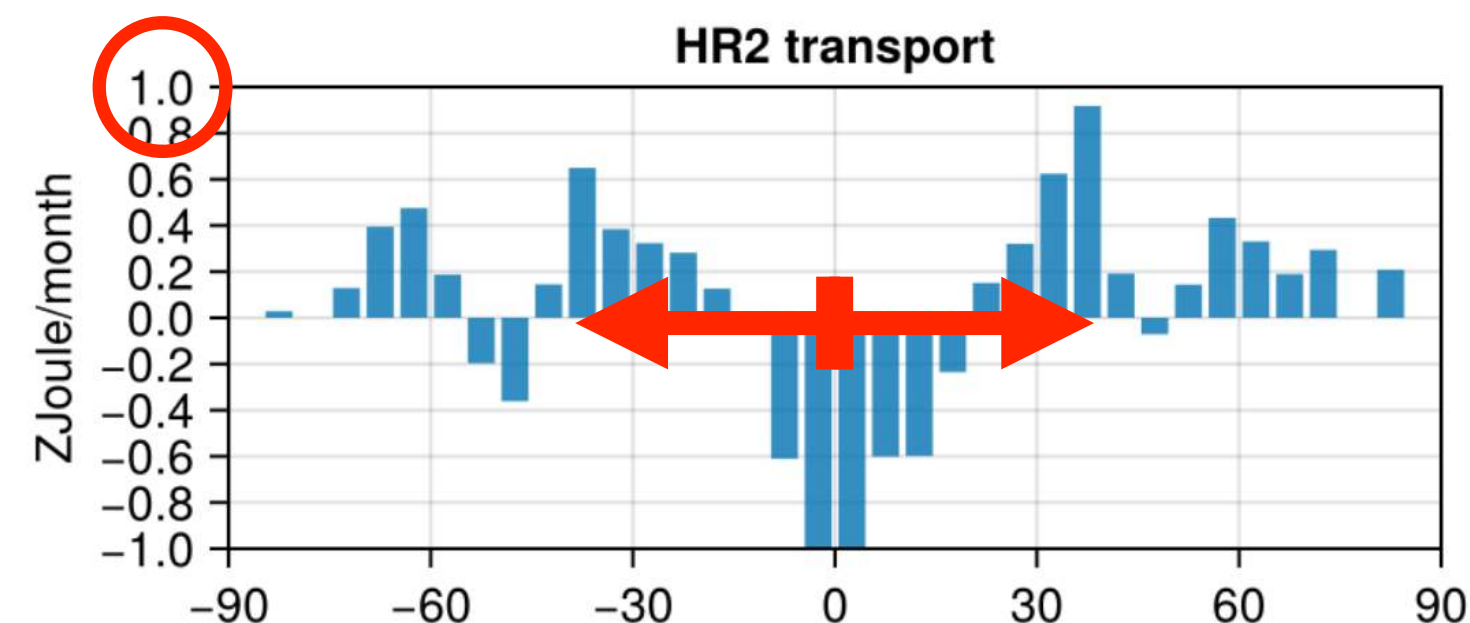
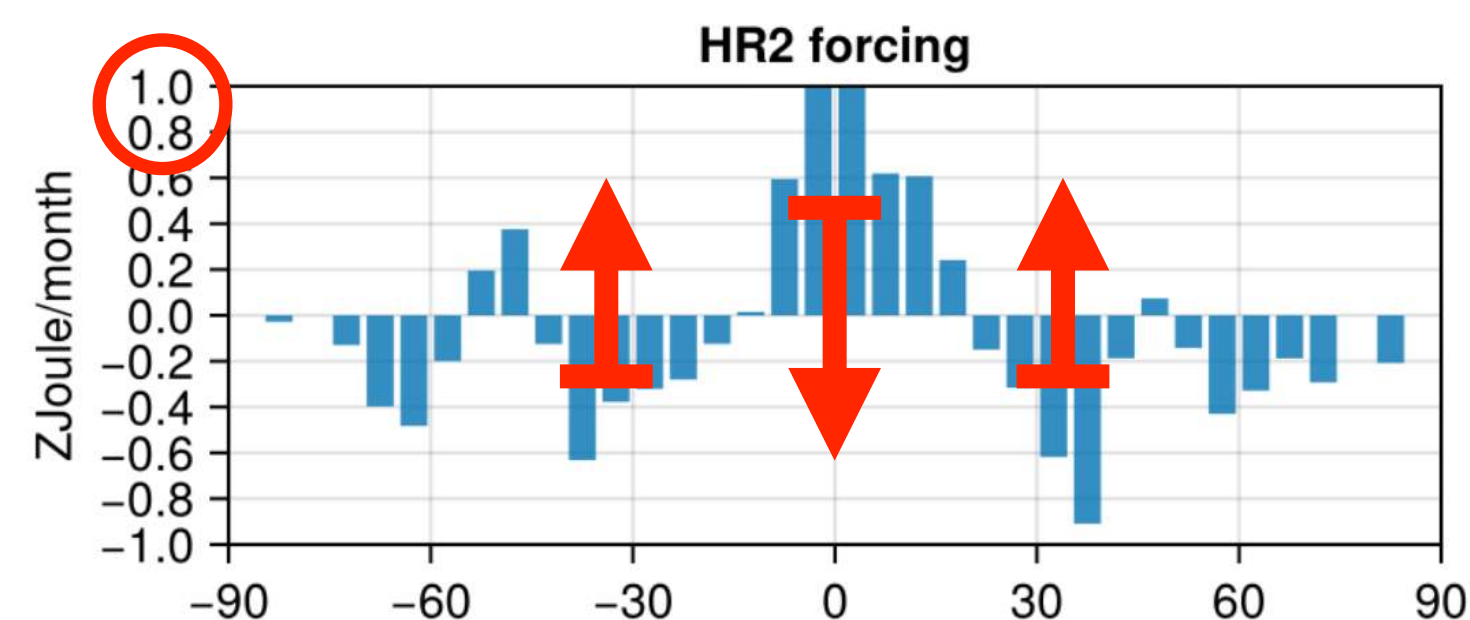
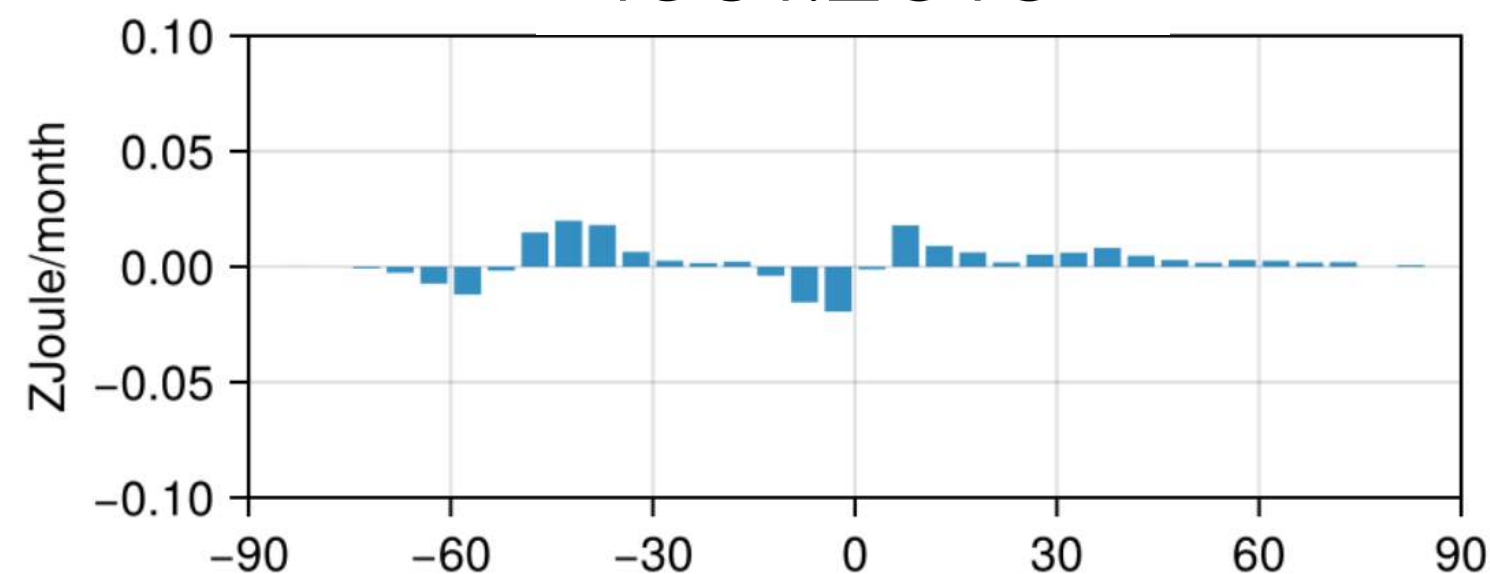
**Ocean Heat
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**Net Air-Sea
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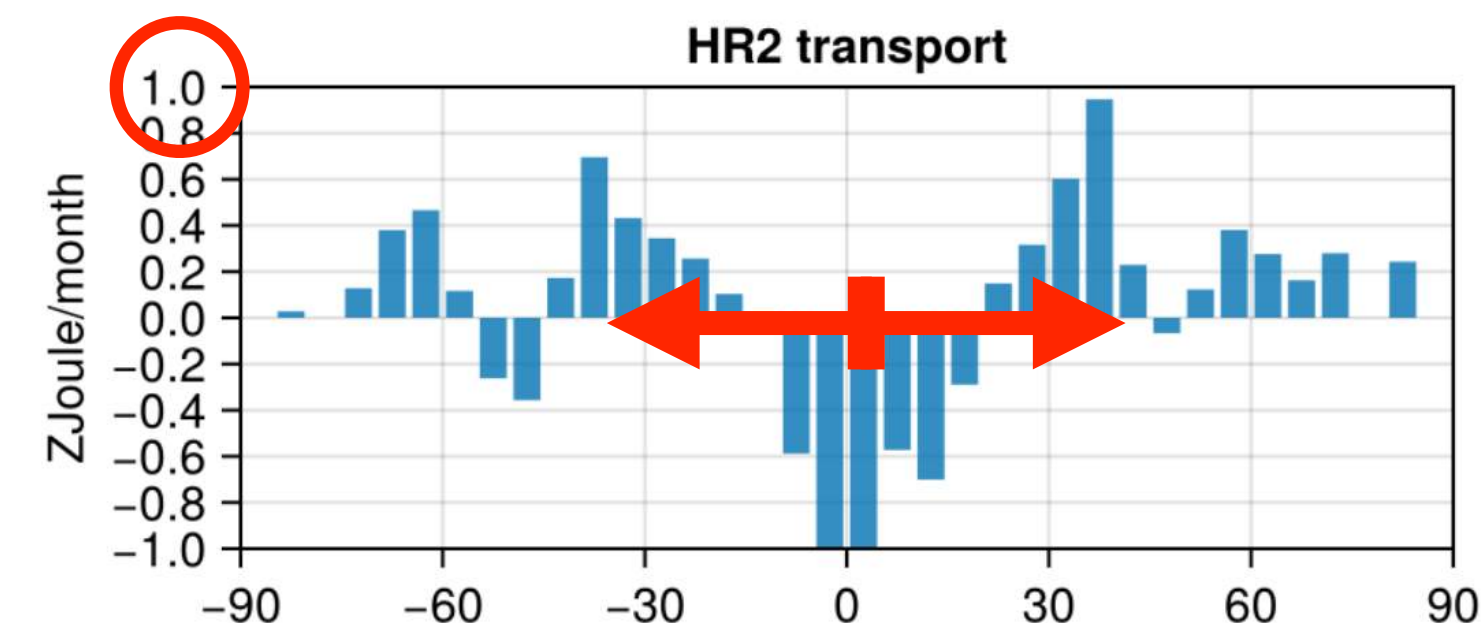
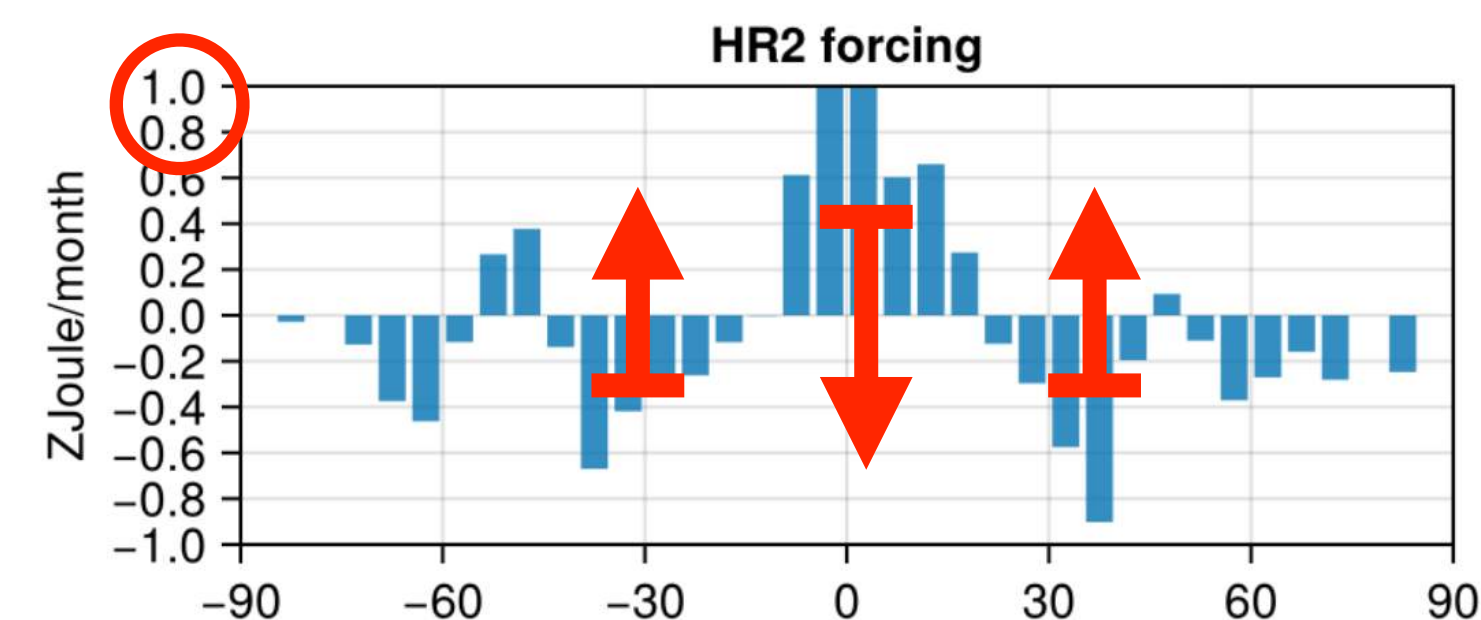
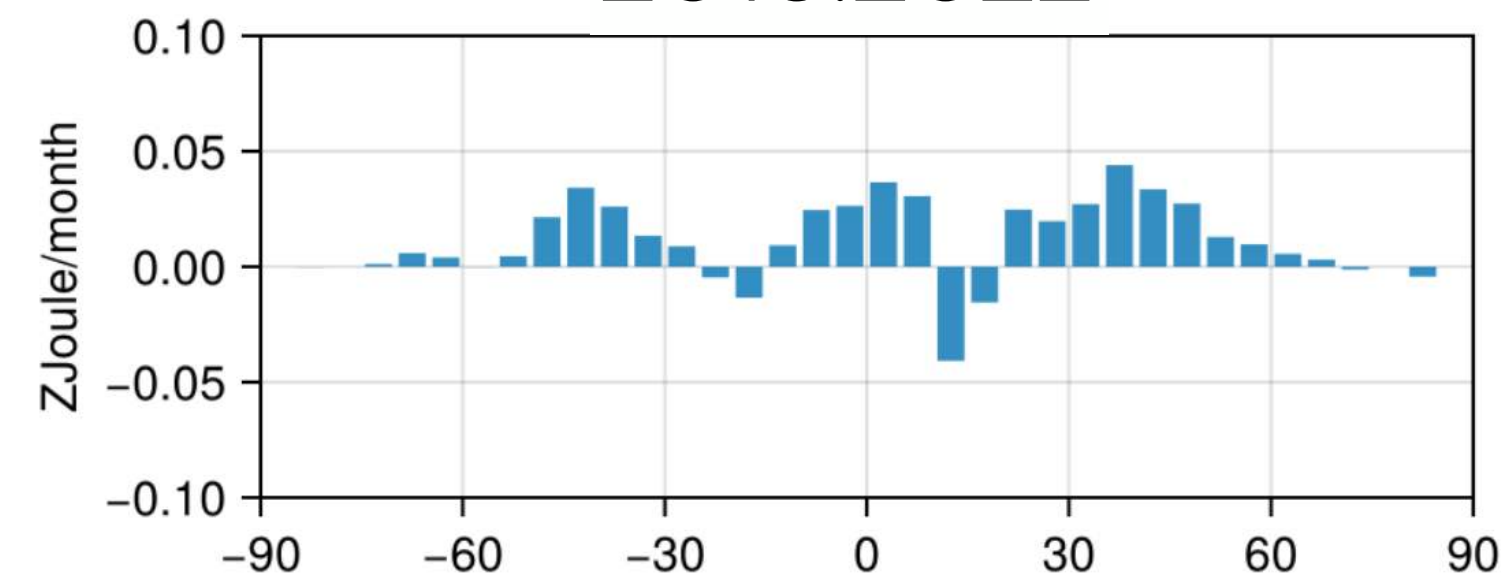
**Ocean Heat
Transport
Convergence**

Forget (in prep.)

1981:2010



2013:2022



S.O.L. Heat Budget (geography)

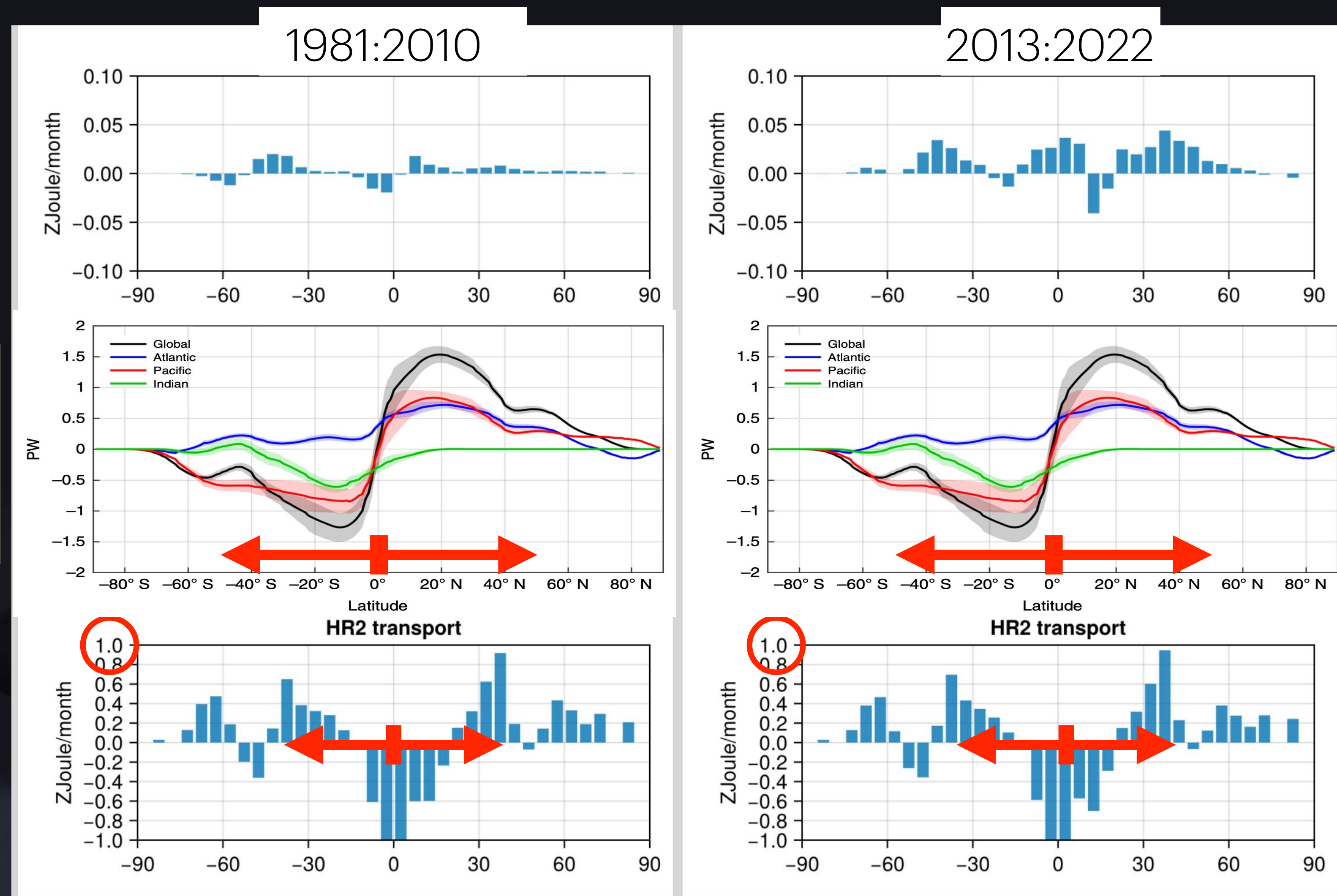
Ocean Heat Content Trend

Forget & Ferreira 2019.
(Nat. Geoscience)

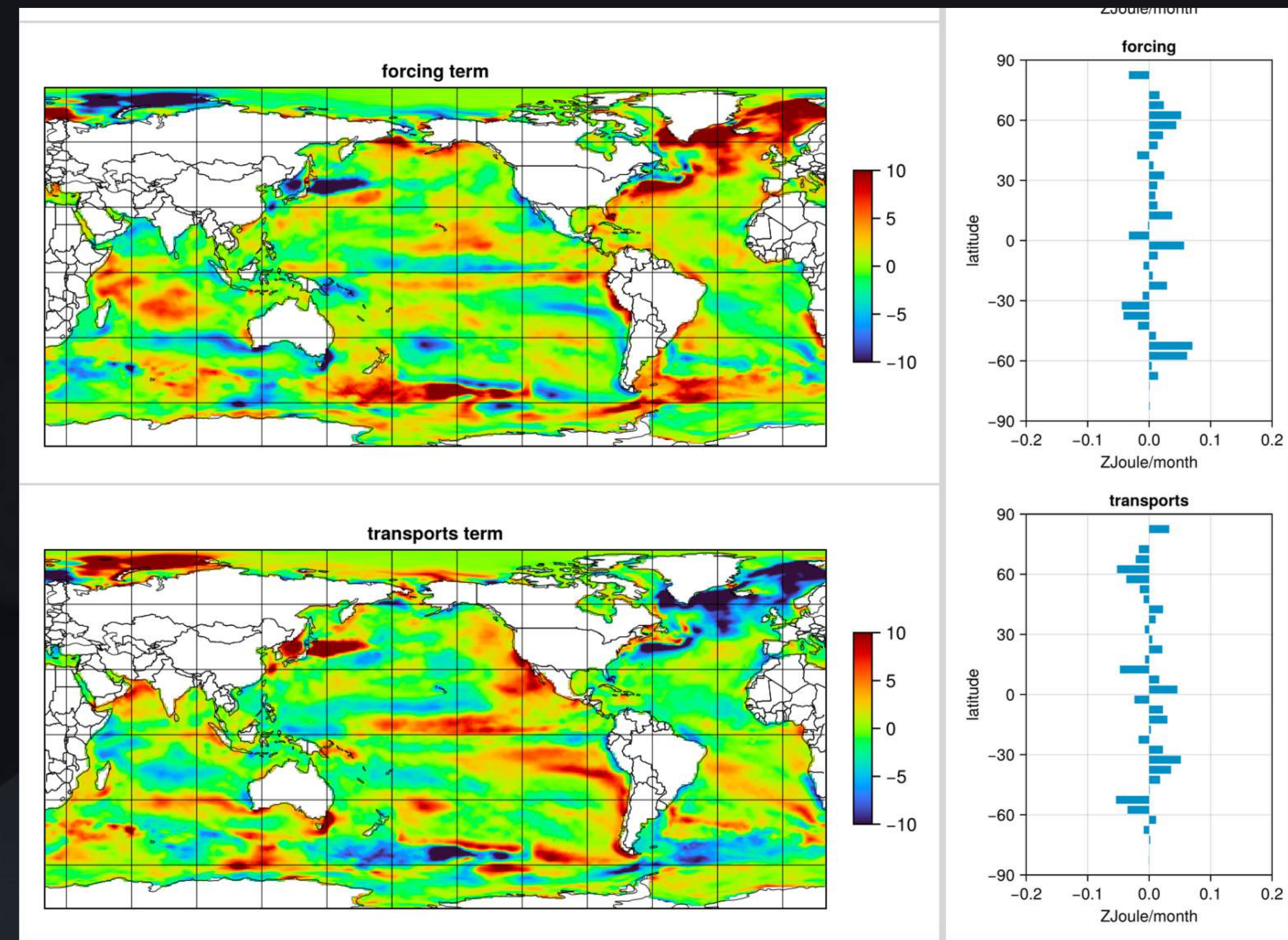
<https://doi.org/10.1038/s41561-019-0333-7>

Ocean Heat Transport Divergence

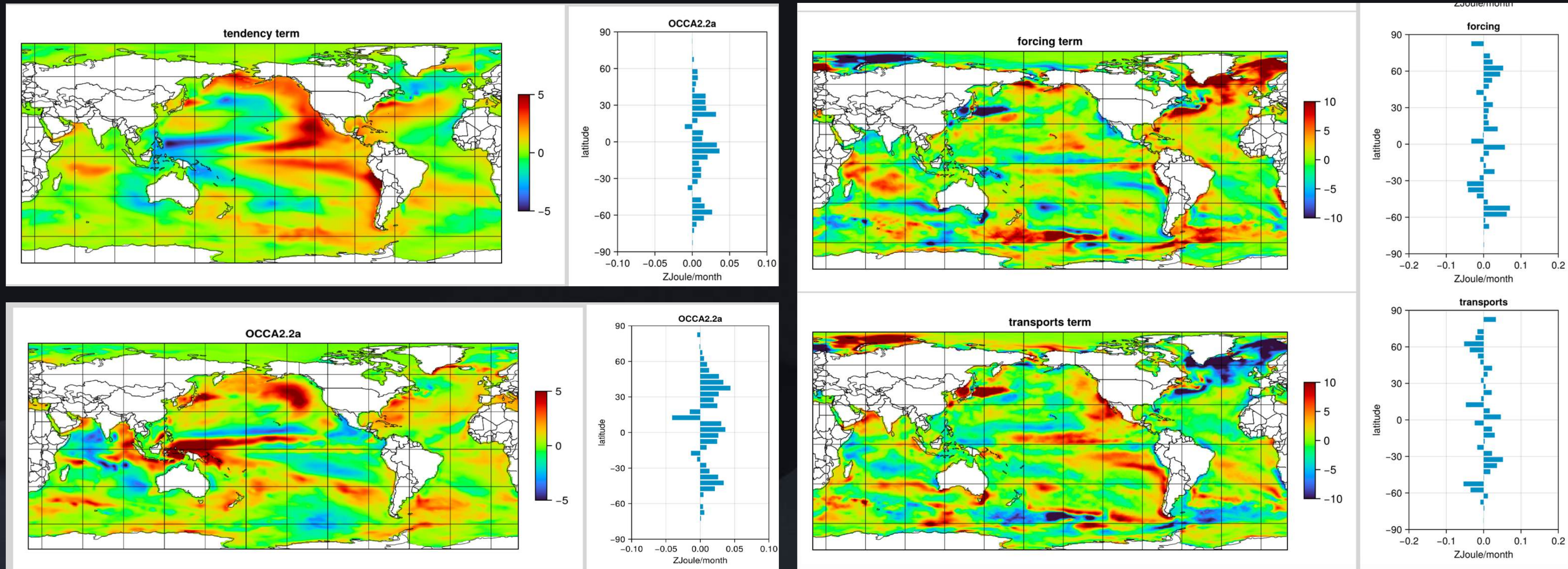
Forget (in prep.)



S.O.L. Energy Imbalance (geography)

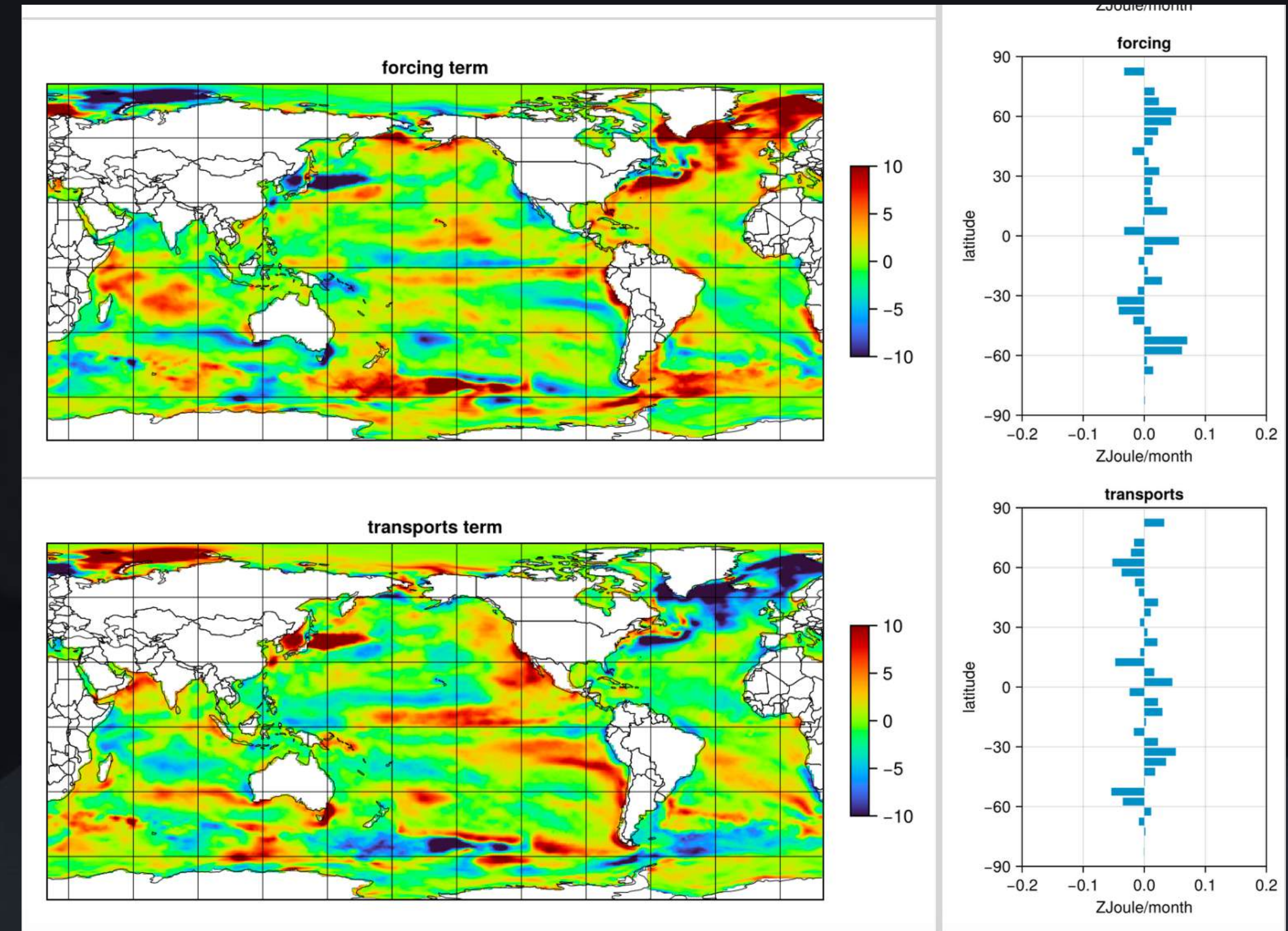
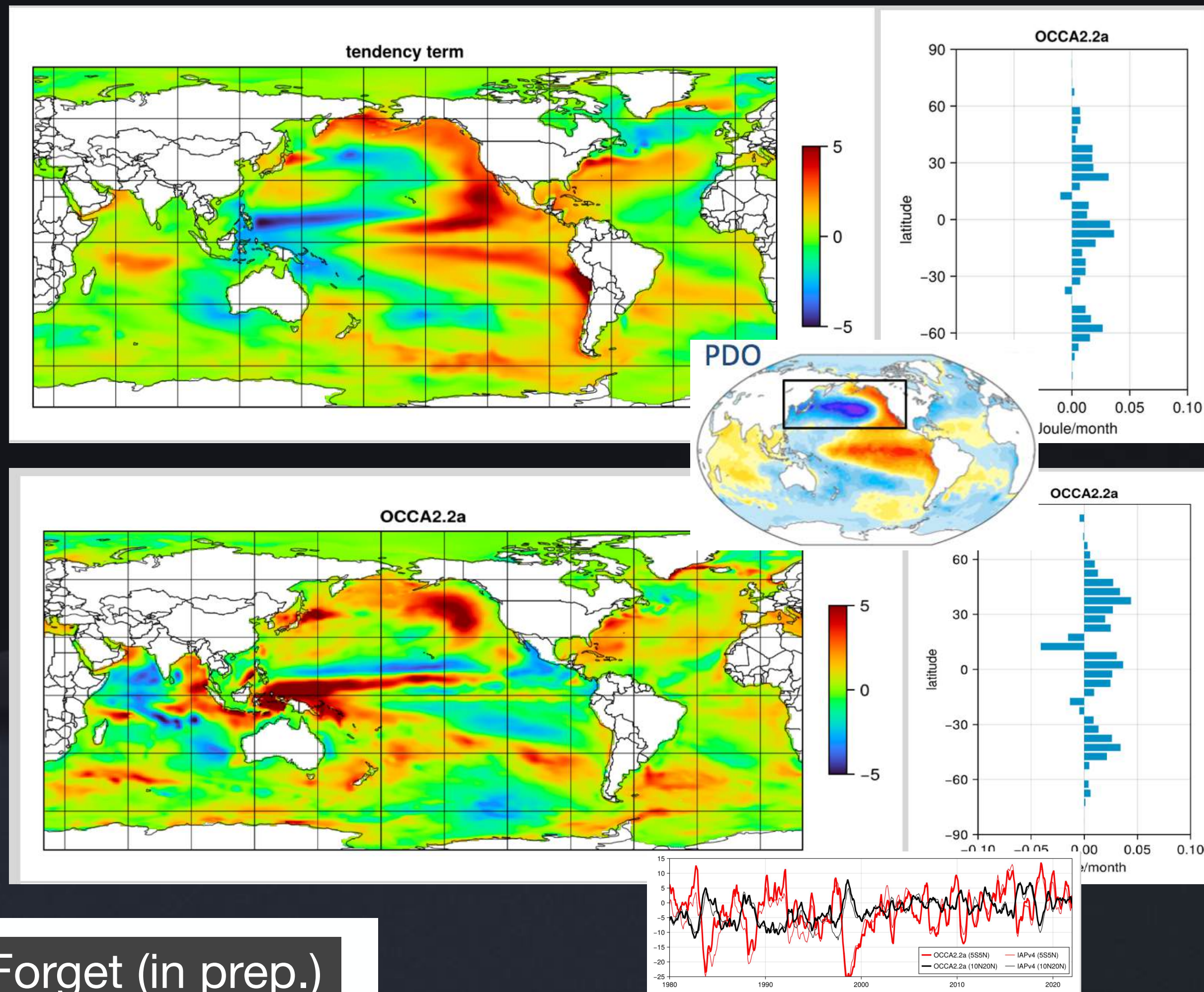


S.O.L. Energy Imbalance (geography)



Forget (in prep.)

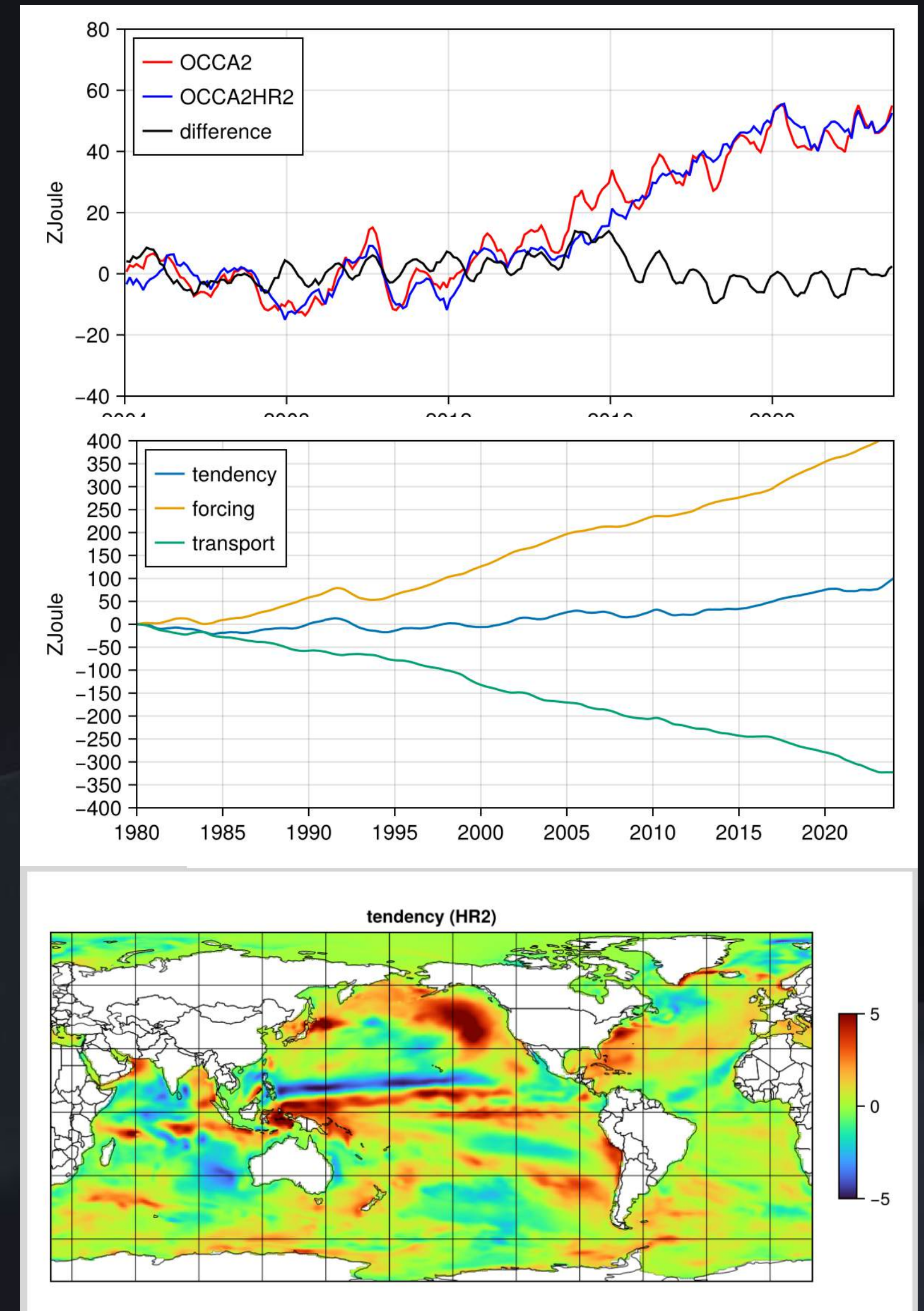
S.O.L. Energy Imbalance (geography)



Forget (in prep.)

Take Aways

- Increased accumulation of Energy Imbalance in the Sunlit Ocean Layer in past decade
- Reflects the unabated rate of Energy imbalance (between Q_{net} & OHT divergence)
- The geography of SOL-EI is complex but can only be elucidated by subtracting mean budget
- Regions that show prominent warming are not necessarily those where air-sea heat flux is increasing
- Moving forward we must better account for dQ_{net}/dt and $dOHT/dt$, which cannot just be backed out from $dOHC/dt$

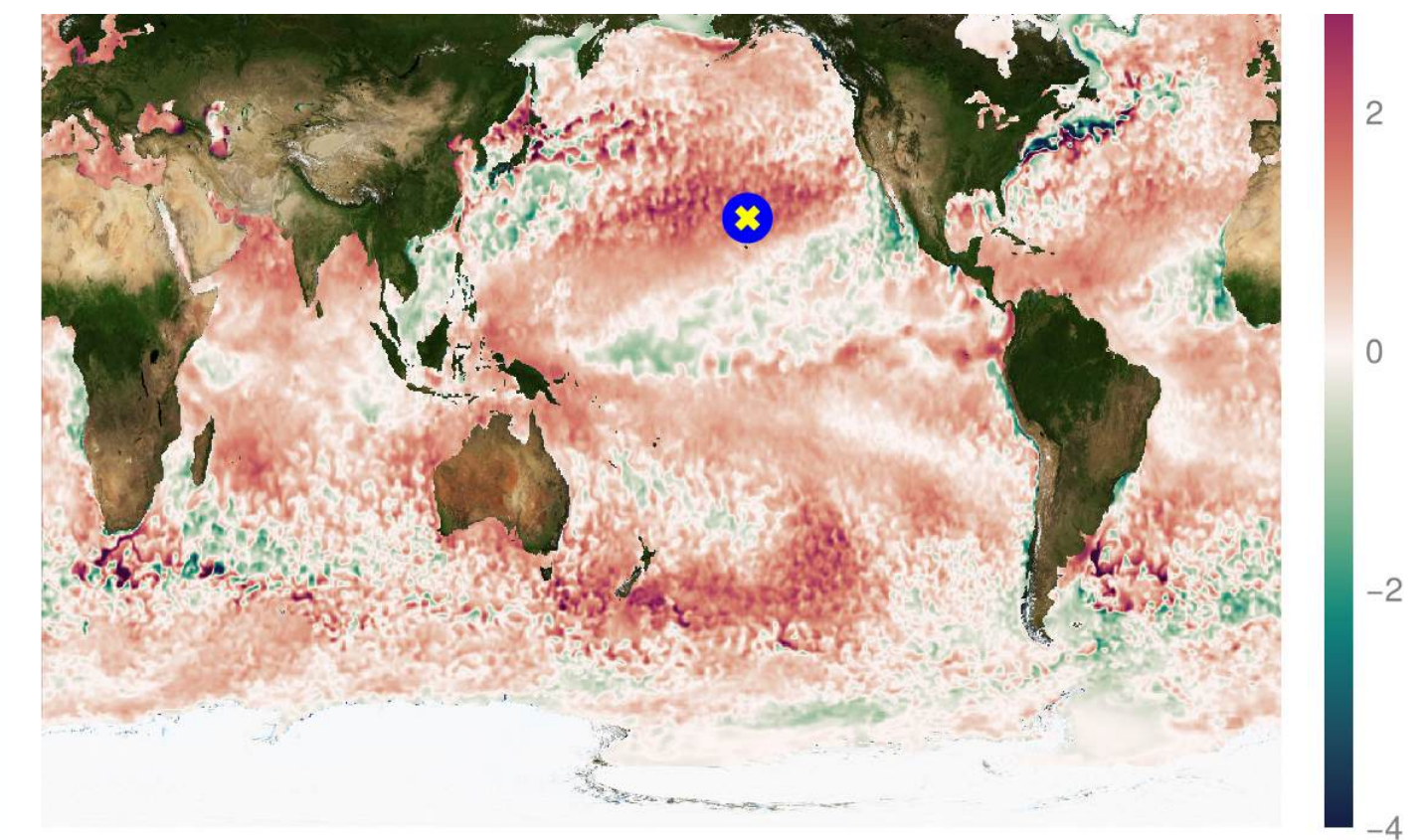
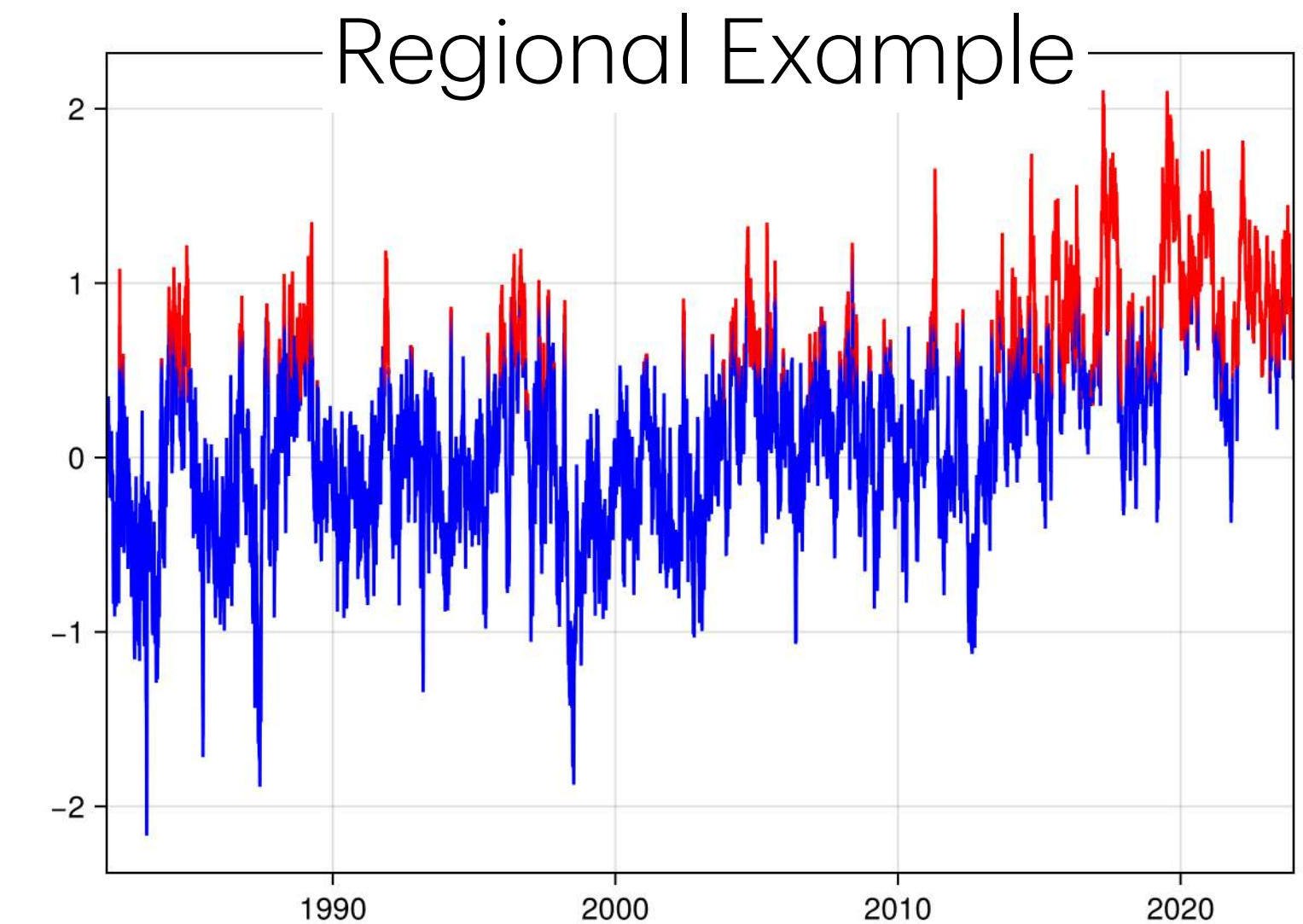
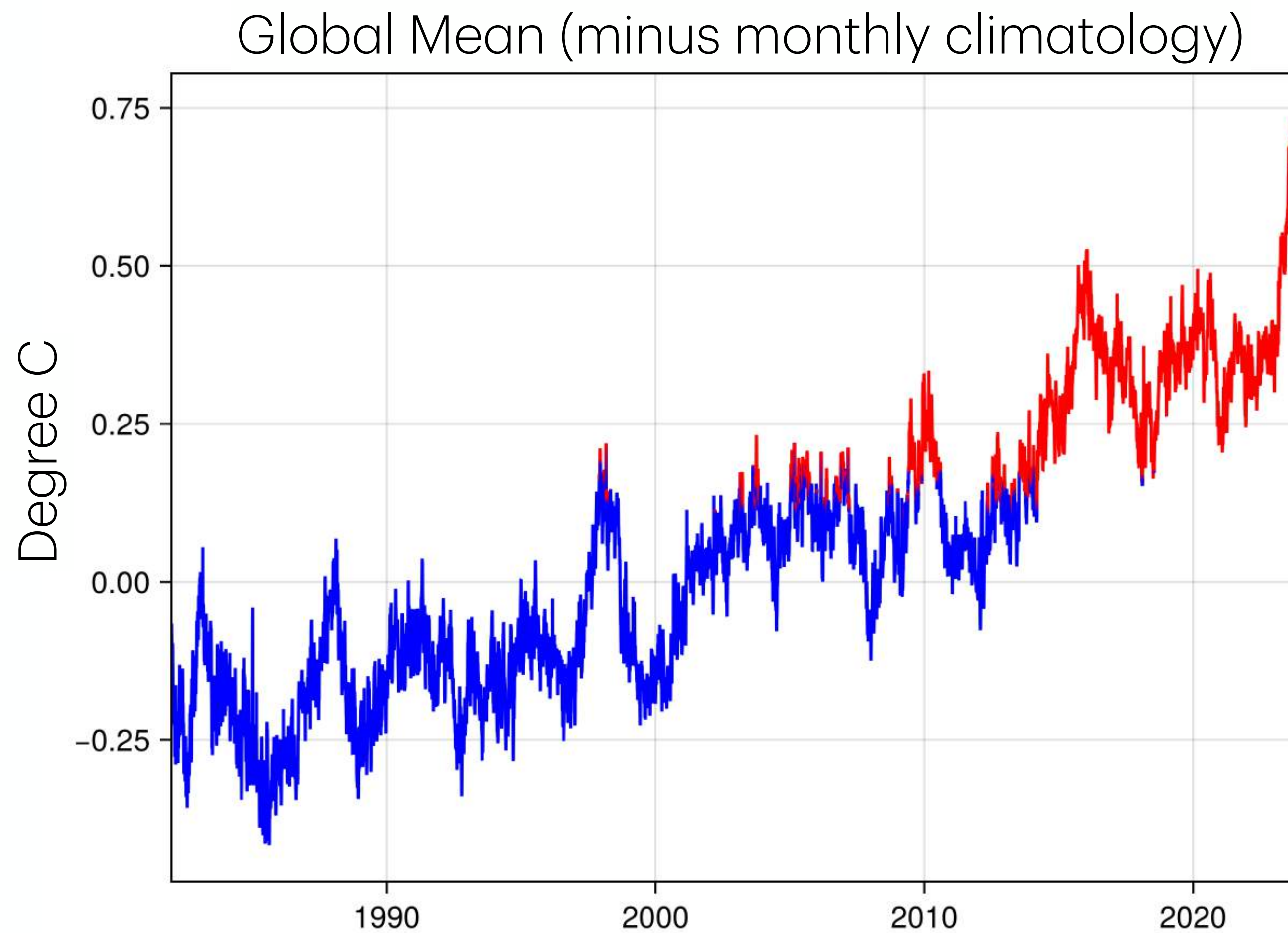


Chapter 3

Tracking marine heat waves and water masses

1. Sea Surface Temperature Anomalies
2. Volume Budgets for Marine Heat Waves
3. Lagrangian Budgets for Marine Heat Waves
4. Tracking Subducted Anomalies
5. Mode Water Source Regions

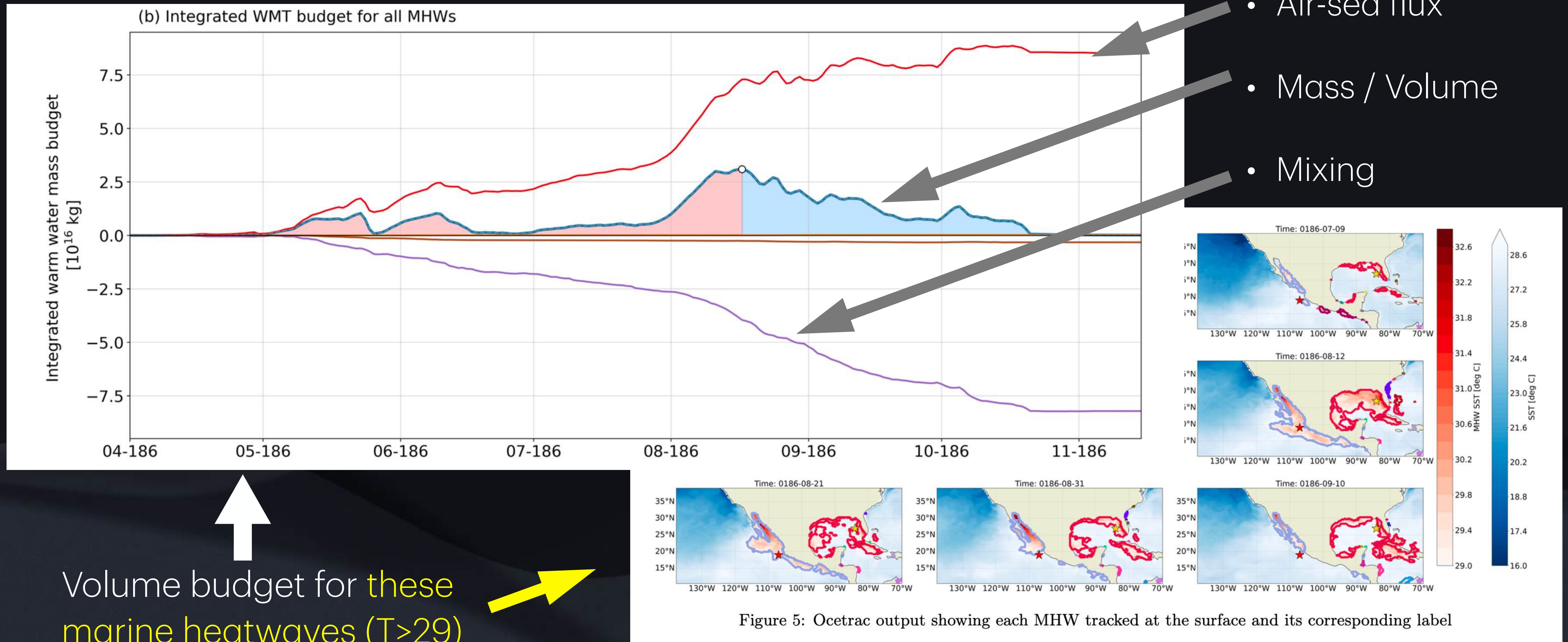
Sea Surface Temperature Anomalies



Clear warming trend and possible acceleration. Data Source : NOAA NCEI.

Volume Budgets for MHWs

Torres, Drake, Forget, et al (in prep)



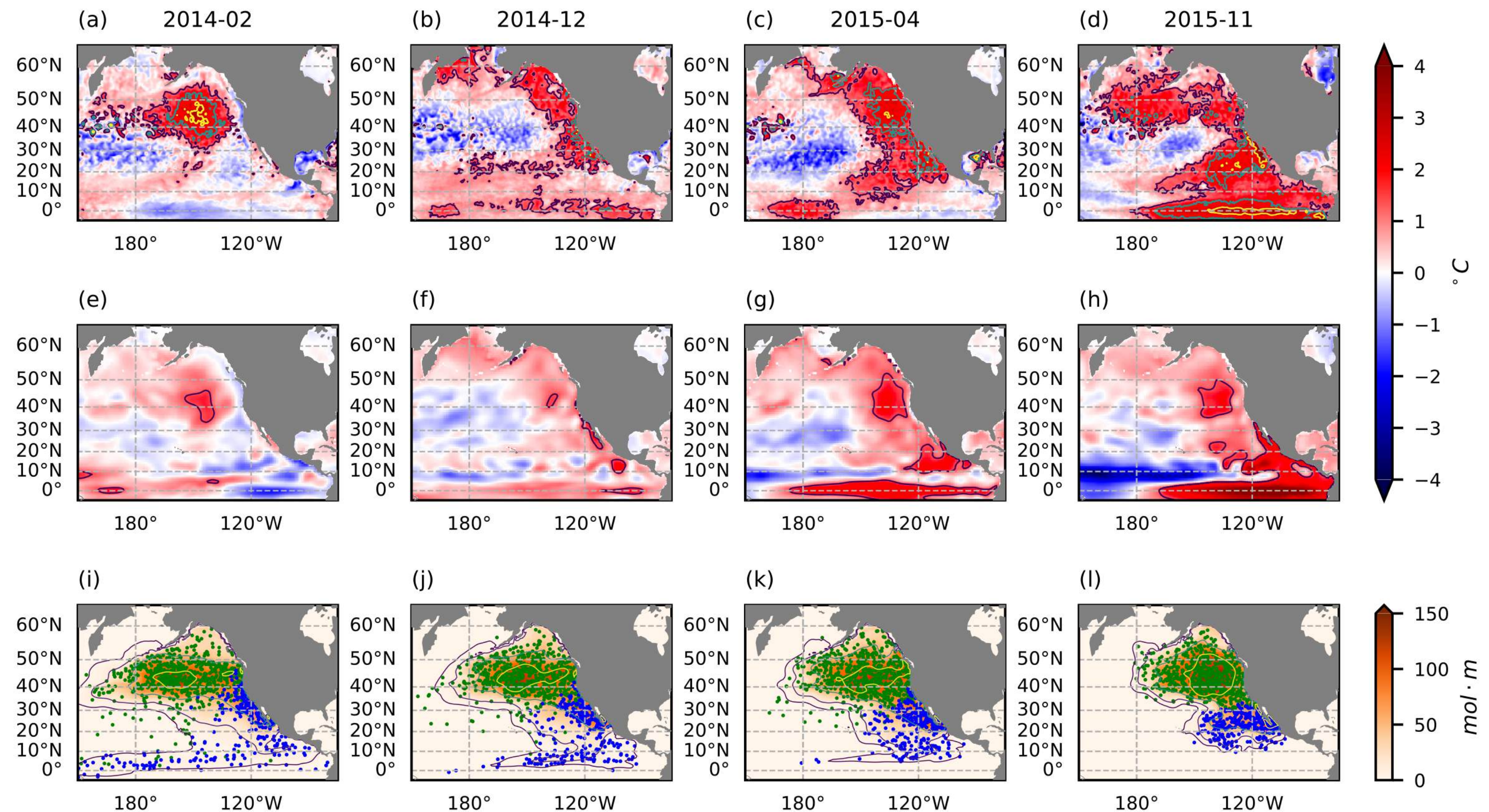
Lagrangian Marine Heat Wave Budgets

Jiang, Forget, Song, Haine (in prep)

SST anomalies

0-150m depth
temp. anomalies

Particle Tracking
& Passive Tracers



Tracking Subducted Anomalies

Hersh, Wjiffels, Gebbie, Forget 2025

Argo Product

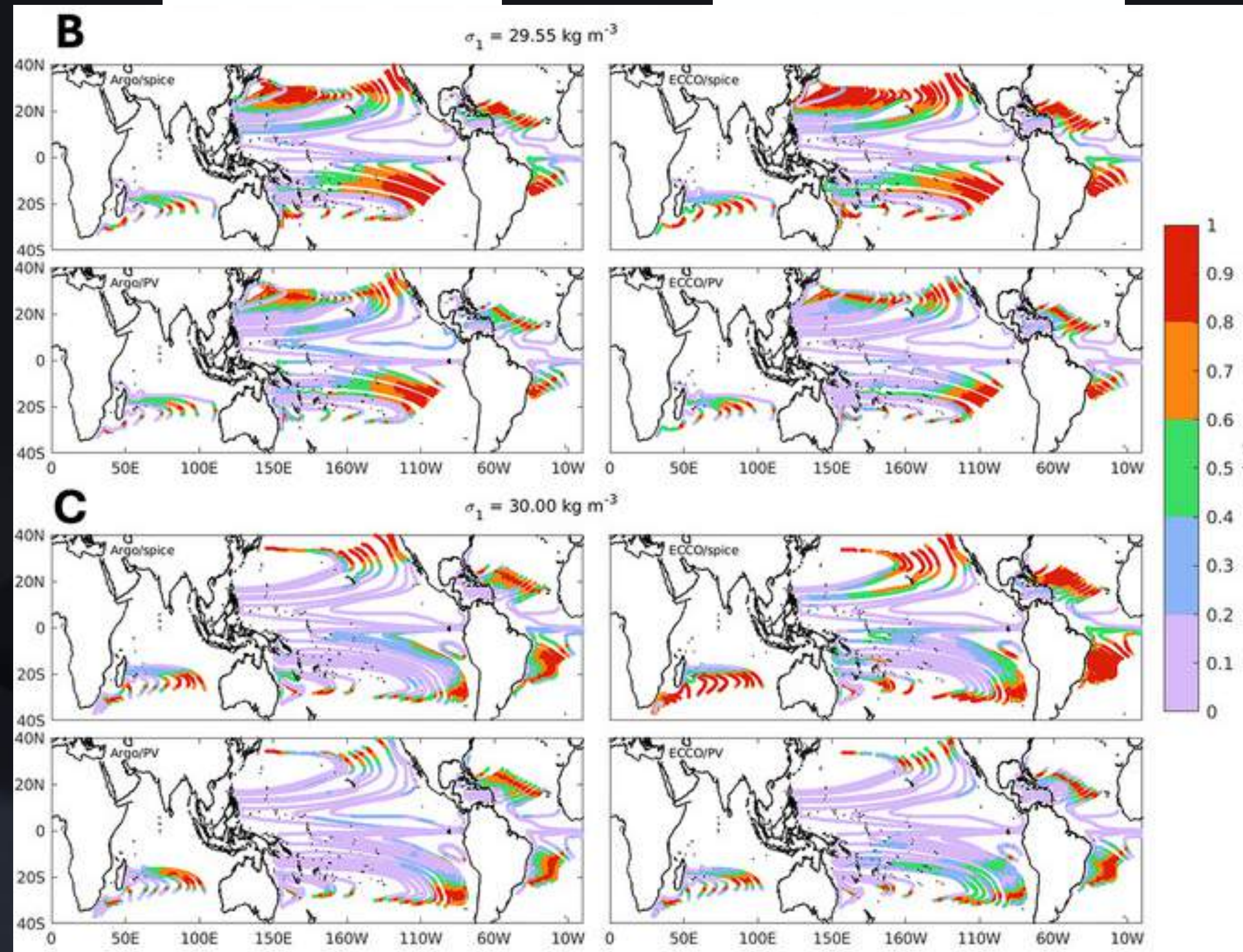
ECCO reanalysis

Spice Anomalies

PV anomalies

Spice Anomalies

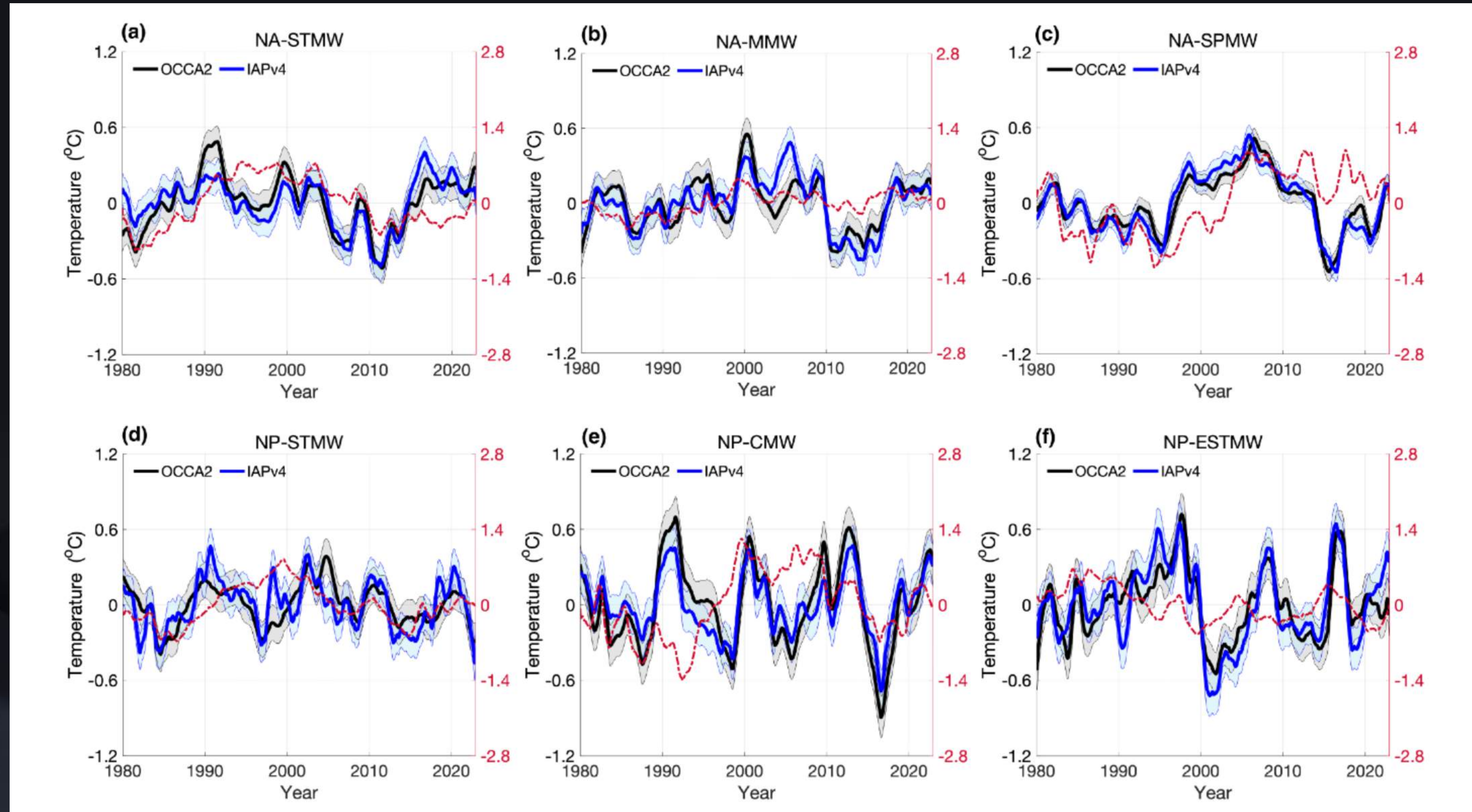
PV anomalies



Mode Water Source Regions

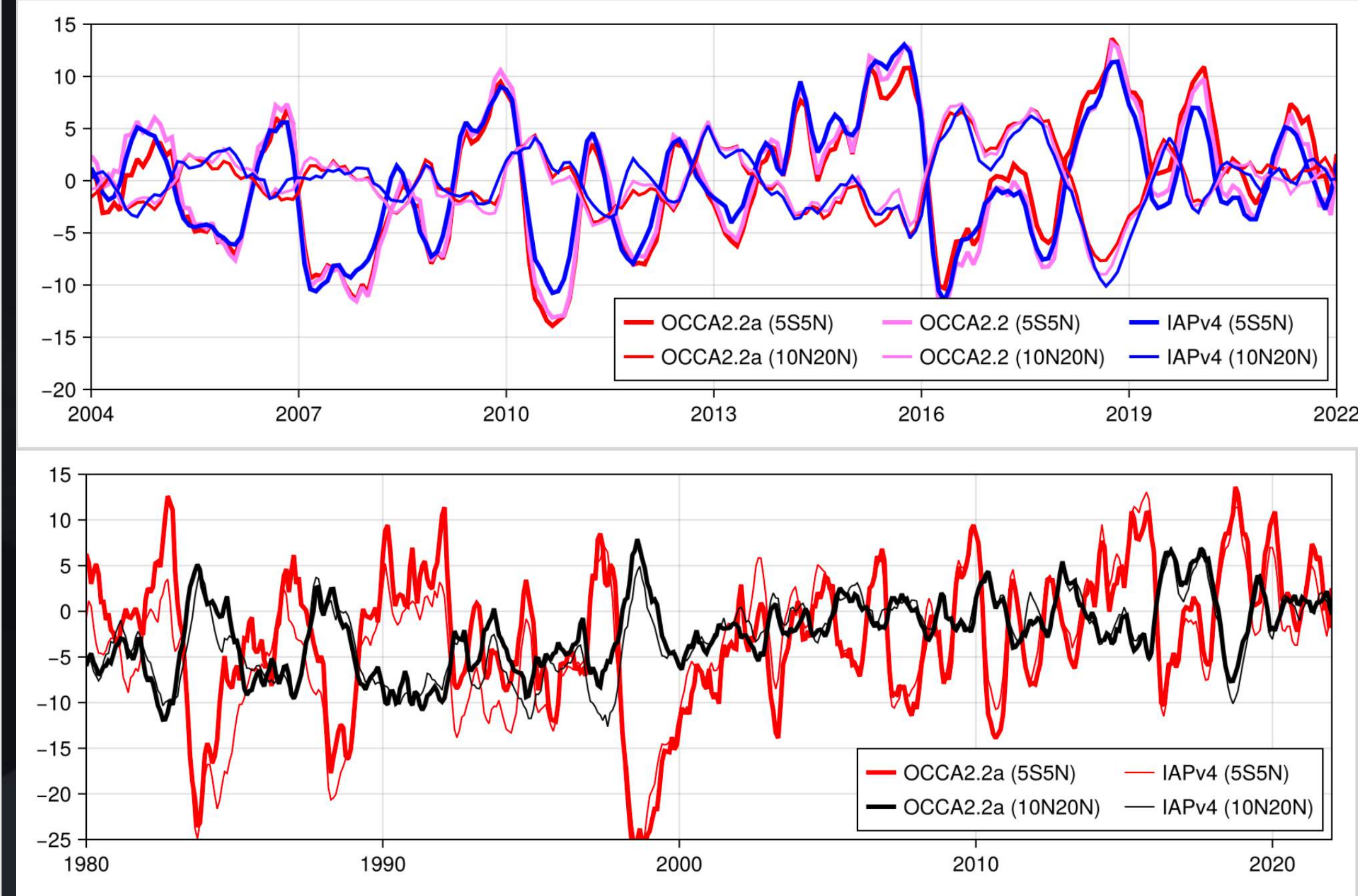
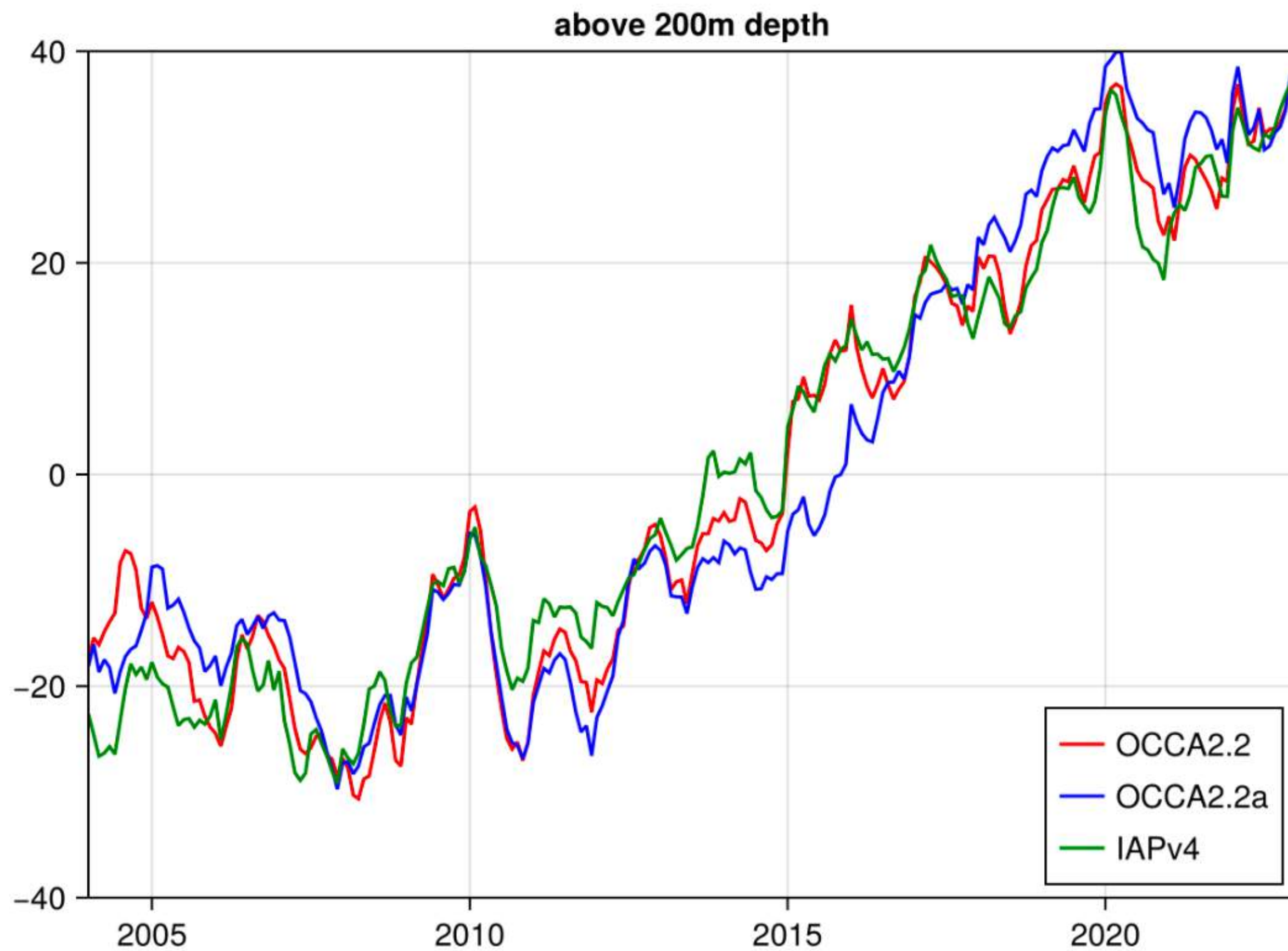
Song, Yuanyuan and Forget, Gaël (in prep)

- Detrended temperature anomalies
- 100m just below $\max(\text{clim}(\text{MLD}))$
- Top : N. Atl.
- Bottom : N. Pac.

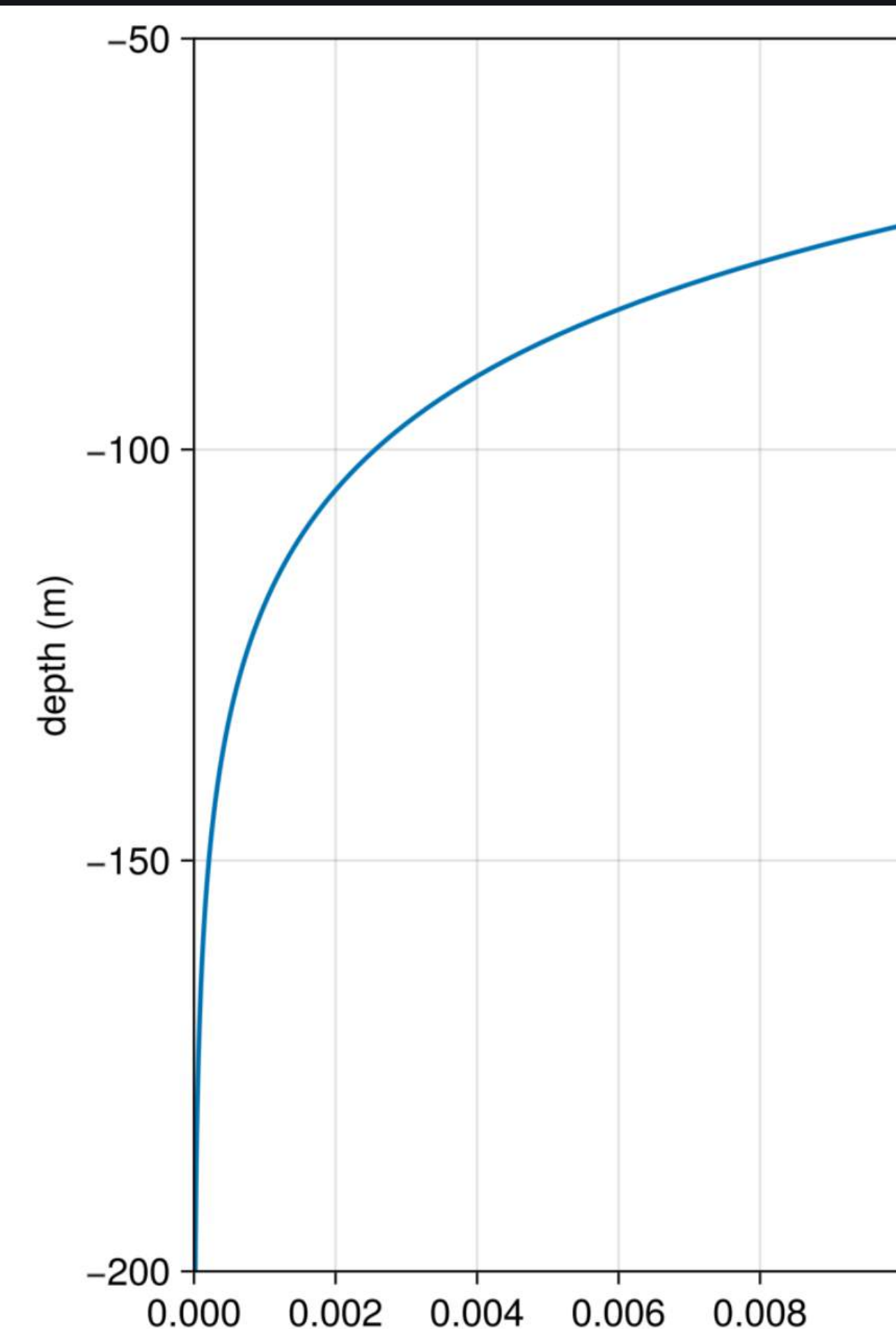
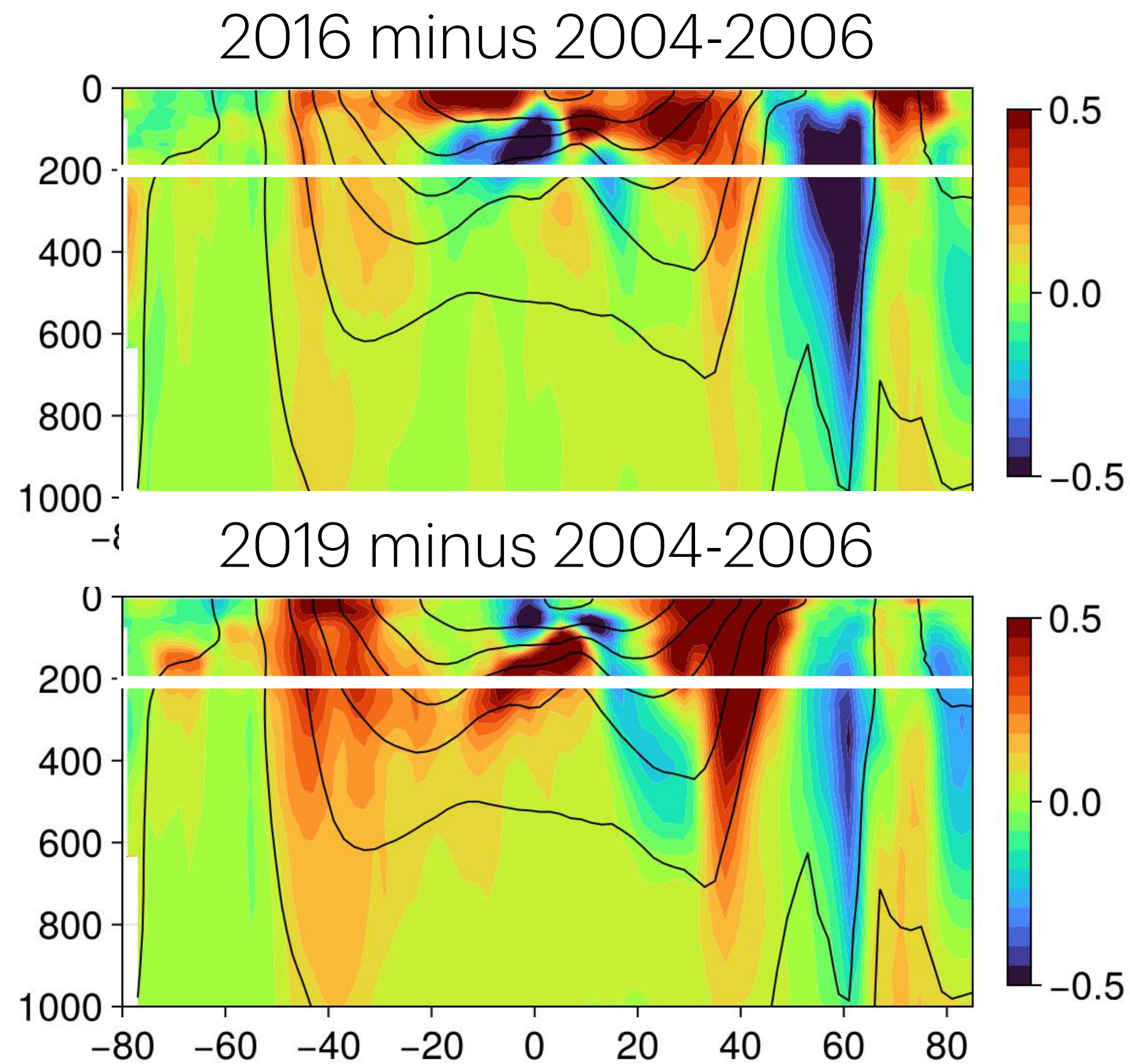


Extra slides

Global Mean , and Tropical Variability



Sunlit Ocean Layer (SOL) = 0-200m Layer



- **Why focus on 0-200m?**

- Proxy for SST
- Euphotic Depth
- Radiative transfer profile
- Ekman layer depth ~ 100m

- **Not a unique choice!**

- Why not 0-10m? 0-100m? Ekman Layer? 0-MLD?
- Easy to change later (OCCA2 is a full 3D, global estimate)

Zonal Mean Temperature Anomalies
computed from the 2004-2006 mean

Fraction of downward shortwave radiation
reaching depth D as approximated in model